Sport Practices

The guidelines and suggestions below are based on Sports Medicine Australia Hot Weather Guidelines.

Term One and Four
On days where the forecast maximum in The Advertiser on that morning is 36c or higher afternoon coaching/training sessions may be affected.

<table>
<thead>
<tr>
<th>Sport</th>
<th>Action</th>
</tr>
</thead>
<tbody>
<tr>
<td>Swimming</td>
<td>no cancellation</td>
</tr>
<tr>
<td>Basketball</td>
<td>indoors sessions not cancelled</td>
</tr>
<tr>
<td></td>
<td>outdoor sessions cancelled</td>
</tr>
<tr>
<td>Softball</td>
<td>cancelled</td>
</tr>
<tr>
<td>Athletics</td>
<td>cancelled</td>
</tr>
<tr>
<td>Tennis</td>
<td>cancelled</td>
</tr>
<tr>
<td>Cricket</td>
<td>cancelled</td>
</tr>
<tr>
<td>Rowing</td>
<td>on water not cancelled</td>
</tr>
<tr>
<td></td>
<td>indoors not cancelled</td>
</tr>
<tr>
<td></td>
<td>land based activities cancelled</td>
</tr>
</tbody>
</table>

Morning training sessions for any of the summer sports will not be cancelled.

Exceptions
Any training sessions may be cancelled due to extreme conditions. These include but are not limited to:-
- temperature extremes
- strong winds
- electrical storms
- smoke from bush fires

Programmed interschool competitions (weekend or mid-week) in general will go ahead with players and officials being expected to attend the venue where a decision will then be made regarding the format of the competition (IGSSA and SAAS policy).

Please note:
In planning training session content, consideration will always be given to weather conditions and the demands they may place on the individual as relates to their age, body mass, conditioning of the participant, as well as humidity, temperature, etc.

To participate in outdoor activities students must have a suitable hat and use sunblock on exposed skin. It is an expectation that they will supply their own water for maintaining hydration.

In the case of cancellation parents will be informed by email or sms and all students will be given the following options:
- private study in the Library until 5.00pm
- early departure for home
Sport Association of Adelaide School Extreme Weather Policy
(Boys Sport Only)

Rationale
This policy is provided for member schools in order to meet the following objectives in relation to extreme weather conditions particularly in the case of hot weather, but also in other circumstances such as severe storms, electrical storms or extremely cold conditions.

1. To provide guidelines for members so that their duty of care responsibilities are acknowledged and addressed and to ensure that the Association has acted responsibly in these circumstances.
2. To establish structures and procedures to assist members in making decisions efficiently.
3. To establish consistency of practice.

Hot Weather Blanket Cancellations (other than for water based sports)

For Saturday Sport.
If the temperature for the forthcoming Saturday is forecast at 38C in The Advertiser on Friday all Saturday sport with the possible exception of First XI Cricket, will be cancelled.

If the forecast temperature is less than 38 degrees but conditions are considered as extreme, the SAAS Sporting Administrator in consultation with The Chair of Executive and Coordinators will inform both Coordinators and Principal of schools by either fax or email if sport is to be cancelled.

This should occur as soon as possible on Friday morning prior to the games on Saturday. Coordinators will then be expected to communicate with students/coaches/parents in informing them of the situation. First XI Cricket will be cancelled on an assessment of local conditions when either one or both coaches (or other senior school officials) decide that the match should be cancelled. Playing conditions will be adjusted in hot weather to allow for extra drinks breaks with variations to playing time.

For Mid-Week Sport  (with the exception of water sports)
If the temperature (for the following day) is forecast to be 36 degrees or more in The Advertiser all sport for that day will be cancelled.

If the forecast temperature is less than 36 degrees but conditions are considered as extreme, the SAAS Sporting Administrator in consultation with the Chair of Executive and Coordinators will inform both Coordinators and the Principals of schools by either fax or email if sport is to be cancelled.

Other Cancellations due to Hot Weather
A school may elect to cancel fixtures where the forecast temperatures are lower levels than those stated above where local conditions are more severe and poses an increased risk for student participation.
Cancellations Due to Other Weather Conditions

The ISSA Sporting Administrator in consultation with the Chair of the Executive may issue a blanket cancellation where weather conditions across the metropolitan area are considered to be so extreme as to warrant such a cancellation.

It is recognized that local conditions (hail, lightning, rain etc) are likely to have a greater impact and so host schools will have the discretion to cancel fixtures.

Where such cancellations are made it is the responsibility of the host school to inform all visiting schools and to contact radio station MIX 102.3 so that cancellations can be announced in the 8.00 a.m. news bulletin.
IGSSA Hot Weather Policy
(Girls Sport Only)

Saturday Morning Sport
If the weather is predicted to be 38 degrees or above in The Advertiser printed Friday morning, Saturday morning sport will be cancelled.

On the Friday if sports supervisors deem the weather will not reach the 38 degrees, or acknowledge the prediction has changed, they MAY wish to contact the school they were drawn to play and re-schedule those matches.

Mid-Week Sport
If the weather is predicted to be 36 degrees or above in The Advertiser printed that morning, afternoon sport will be cancelled.