

# A Treatment for Teenage and Adult Acne

Laser Acne Reduction

## How long will results last?

You will notice gradual improvement in the weeks following treatment; however, most patients experience a plateau in their improvement. Follow-up treatments may be necessary to maintain results. The ideal maintenance program may include a combination of topical medication with precision laser treatment.

#### Is it safe?

Since 1989, IRIDEX has been a leader in medical prescision laser technology with a track record of developing exceptionally safe and effective systems. All treatments have been carefully researched and FDA cleared; however, like any medical procedure, there are risks that you should discuss with your physician before treatment.







## Laser Acne Reduction

Use of precision laser therapy to activate your body's natural acne fighting defenses.



#### How do Laser Acne Reduction treatments work?

Laser acne treatments work by triggering the body's natural bacteria fighting defenses. Each treatment triggers a chain reaction that eliminates some of the problem-causing bacteria, reducing the severity of current and future breakouts.

### What can I expect before treatment?

You will start by meeting with a staff member to discuss your medical history, determine your eligibility, discuss details of the actual treatment and schedule a treatment time. After arriving for your appointment, the treatment site will be cleaned and a topical anesthetic may be applied. If anesthetic is used, you will need to wait as it takes effect. Immediately before treatment, the anesthetic will be removed and laser eye shields or safety glasses will be placed over your eyes.

#### What can I expect during treatment?

Your physician will apply a clear gel to the skin on which the chilled laser handpiece will glide. The handpiece will be moved across the treatment area in an even pattern as laser energy is delivered. One or more passes will be delivered with an effort made to achieve even coverage.



#### Is it painful?

You may experience a slight tingling during treatment. To help manage comfort and safety, the system is equipped with a chilled sapphire tip which cools the skin before, during, and after each laser pulse. Any concerns you have should be discussed with your physician prior to treatment. Depending on the level of treatment, your physician may offer a topical anesthetic to help numb the skin prior to treatment.

#### How long do treatments take?

Treatments can take 5 to 30 minutes or more depending on the size of area to be treated. If a topical anesthetic is necessary, you should allow 20 to 30 minutes or more for it to take effect. This is best discussed with your physician before treatment.

#### How many treatments are needed?

Most patients experience considerable improvement after 2 treatments per week, for 3 to 5 weeks, depending on the severity of skin condition and level of treatment.

#### What should I expect after treatment?

Soon after treatment, your skin may appear slightly flushed and/or swollen. These effects usually subside after a few hours or days depending on the treatment intensity. Care should be taken to limit sun exposure to the treated area for at least a week. Sunscreen, and in some cases make-up, may be applied immediately after treatment. In addition, a special maintenance skin care regimen must be discussed with your physician.