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## what's on in house

Issue 39 March - 2018

**Easter:** Friday 30th March - Monday 2nd April

**Term Ends:** Friday 13th April

### *Harmony Day - Wednesday March 21st*

*Orange is the colour chosen to represent Harmony Day. Traditionally, orange signifies social communication and meaningful conversations. It also relates to the freedom of ideas and encouragement of mutual respect. Choose to **wear something orange on March 21st** to show your support for our cultural diversity and inclusive organization.*

*In 2018, over 6,000 workplaces or groups, big and small, city or remote will be taking part in recognising and celebrating their cultural diversity. **A taste of Harmony** is an opportunity to celebrate our Centre's cultural diversity.*

*Playgroup members will be asked to bring along a favourite recipe from their country of origin - and maybe a sample, to share with their group and then all recipes will be collated into a tried and tasty **WSNH Cook Book**.*

*Wishing you all a Happy Easter  
Jen & Fran*



## Committee News

*As Autumn leaves fall, decorations will go up on the WSNH family tree for the **30th Anniversary Family Festival on Sunday May 6th.***

*There's lots on anticipation and planning going on by the Committee and they'll be talking everything from Food and Face painting to Fire Trucks and Umbrellas at their next meeting. Event ideas welcome!*

*Watch this space for the next update and save the date!*

*Next Meeting: Wednesday 14th March.*



## Workshops and Events

### Save-a-Child Family First Aid

Wednesday 21st March

6.30 - 9.30pm

\$45.00 members, \$55.00 non-members



This short course will equip you with the basic skills of CPR, choking, burns, bleeding and poisoning.

**Book in Now** at the Office or phone Steven on 9275 6666.

### Sew What? - Social sewing and craft is on again

Tuesday 27th March 11.30am - 1.30pm

This time we will make a **Circular Wrap Skirt**. All you need is a piece of fabric 4 x the length of the skirt you want (approx. 3.2 - 4 metres) or bring along your own sewing project and acquaint yourself with your machine. **Help is on hand!** No crèche, but Playroom and TV available for self sitting!



### Beeswax Wraps

Saturday 17th March

10.00am - 12.00 midday (During the Swap, Share, Shuffle - see details below)

Free!

Fabric and wax supplied or BYO. Sewing machine available (if you'd like to make yours in to a bag) .

Book at the Office.



### Triple P Discussion groups - Free! Presented by the Department of Health

Tuesdays: 9.30 - 11.30am

March 20 - Dealing with Disobedience

For Bookings please call: 1300 550 879 or email:

[positiveparenting@health.wa.gov.au](mailto:positiveparenting@health.wa.gov.au)

**Crèche available:** \$5.00 per child. Bookings essential at the Office.



### Wiring Kids

Tuesdays 6.30 - 8.00pm

March 13th: Fears, Worries & Anxiety in Childhood

March 20th: Fussy Eaters

With a focus on children aged 0 - 6, our advice and education are based on the latest research in brain and child development and lactation.

**\$20.00 per person, \$35.00 per couple**

For Bookings contact Wendy 0402 668 752 or Julie 0447 648 044 or [click here](#)



## Autumn Swap, Share, Shuffle

**Saturday March 17th**  
10.00am - 12.00 midday

Meet other locals, share stories, build community.

- Share your excess produce
- Swap those unwanted clothes and books
- Shuffle those seeds and cuttings
- Bring your re-usable mug & share a cuppa with new friends. Goodies for morning tea welcomed!
- Make some Beeswax wraps - Free but please book for this workshop at the Office.

Transition Town Stirling [more events here](#)



**At the House** and open for members to join in:

**Yoga Classes - Beginners welcome**  
Mondays and Thursdays  
5.30 - 7.00pm  
Contact Simon on 0417 237 050

**Creative Kids Art Class - for 5 - 10 year olds**  
Wednesdays 3.30 - 5.00pm  
Contact: [here](#)

**Child Health Nurses**  
Mondays - New Parent Groups  
Tuesdays - Child Health Checks  
Thursdays - Breastfeeding Clinic  
Contact your local Child Health Centre for details or to make an appointment

### **In the Community**

Climb Kindergarten: Open Day March 17th 9.30 -11.30am 15 Odin Road Innaloo.

### **WSNH 2018 Membership and Playgroup Fees are now due**

Membership: \$20 per calendar year  
Playgroup Fees: \$35.00 per term for a child over 18 months old and more than one child, \$30 per term for a child under 18 months old.

Deposits can be made to WSNH, BSB: 036036, Account:106063, Ref: your name.



### **Stay in touch on Facebook**

Like our West Stirling Neighbourhood House Facebook page to keep up to date with the news, events, programs and activities taking place at the House.



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