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what's on in house

Issue 42 June - 2018

Term 2: Monday April 30th - Friday June 29th

School Holidays: June 30th - July 15th

Welcome to Winter and our warm, friendly Community hub!

A huge **thank you to our all our volunteers**; the WSNH members, especially the incredible Committee lead by our tireless Chairperson, Nicole Jenkins **for an outstanding Family Festival** on Sunday May 6th. Thank you also to everyone who assisted by making cakes, donating books, raffle prizes, helping setup/clean-up roster and manning stalls. The day would not have been so successful without our awesome WSNH community coming together and lending a hand. See the fabulous Video of photos [here](#)



We also would like to acknowledge and express our appreciation to the local businesses, other volunteer organizations, funding bodies and individuals who contributed to support this event.

The theme for **National Reconciliation Week 2018, 27 May - 3 June**, is

Don't Keep History a Mystery.

National Reconciliation Week is a time for all Australians to learn about our shared histories, cultures, and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia. See the [website](#) for some fascinating facts. So, lots to celebrate this month and then school holidays to look forward to!

Jen & Fran



Committee News

Committee changes: We would like to welcome Kara to the management team and thank her for her enthusiasm to self-nominate! Kara attends the Tuesday am playgroup.

Position Vacant: We are still currently seeking to fill the position of **Treasurer**. See the [WSNH Constitution](#) for responsibilities or talk to Jen in the Office.



We are busy preparing to submit our **Tender** for the next 5 years of funding to the Department of Communities - Empowering Communities Program. If you can **offer your experience** with this process, please contact the Office.

Next Meeting: Wednesday 6th June 2018

Workshops and Events

Pasta Making with Chef Valentina

Saturday June 9th

2.00pm - 4.00pm

\$15.00 only

with thanks to Valentina who is offering her services free of charge as her contribution to the Centre!

Seasoned Chef Valentina will show you the art of making pasta. See more on [Chef Valentina](#) Facebook.

All supplies will be provided and you'll be able to take home your pasta to enjoy for dinner! Please bring a container so we can avoid using any takeaway plastic containers.

Italian style Aperitif & Nibbles will be provided during the class!
Limited places available - book in early at the Office on 9446 2757



Polymer Clay with Cat

Wednesday 13th June - Arrrh.....less than 2 weeks!

10.30am - 12.30pm, Crèche available: \$5.00
\$20.00

This is a relaxed and fun class in which you will learn to make polymer beads. Learn the basics of conditioning, mixing colours and baking your beads. You will leave the class with a one of a kind necklace. All materials included. With thanks to Cat who is volunteering her expertise.



Book in now at the Office - or **register your interest in this workshop even if you can't make this timeslot - we may reschedule!**

Triple P Discussion groups - Free! Presented by the Department of Health

Tuesdays: 9.15 - 11.45am

12th June: Managing Fighting & Aggression (REPEAT)

For Bookings please call: 1300 550 879 or email:

positiveparenting@health.wa.gov.au

Crèche available: \$5.00 per child. Bookings essential at the Office.



Permaculture Living Course

Tue & Thurs from 7th Aug to 6th Sept (5 weeks)

7.00 – 9:30pm

West Stirling Neighbourhood House

\$300 includes: printed booklet, practical activities with products to take home and tea breaks with nibbles



This 25-hour course will teach you how to live more sustainably and ethically. Topics include: sustainable food, growing a garden, propagation and seed saving, composting, processing your harvest, low waste living, and more. You will learn about the ethics and principles of permaculture and you will receive lots of techniques and skills on how to reduce your environmental footprint on the earth. Each session will contain a theoretical and a practical session and you will walk away with your own individual garden plan, wax food wraps, homemade pickles, produce bags, and seeds, to name just a few.



For further information and bookings:

Contact Martina at info@dandelionpermaculture.com.au or Marina at info@eduveg.com.au or find us on Facebook [link to event:](#)

Winter Northern Community Share

Saturday June 16th June

10.00am - 12.00pm

@WSNH (here)

Bring a basket and a friend and join in a local get together where we share our garden cuttings, seeds, produce as well as books etc. We happily accept a morning tea offerings too ;)

We put your offerings on the table and grab a cuppa to catch up and welcome new people from 10am. At 11am the tables are open for sharing.

We only ask that you take anything which others do not select home with you, perhaps donate to Vinnies or Salvos for those in need on the way.

*** Family friendly event, enclosed area with child play facility and covered area.

A gold coin donation towards venue hire appreciated.



Workshops coming up in term 3 include:

- Making a Leather belt,
- Macramé and succulents,
- Sewing with an overlocker & sewing machine, understand & cut from a pattern, hemming techniques and more by making a complete circular wrap skirt!

Also on at the Centre and open for members to join in:

Yoga Classes - Beginners welcome, all ages.

Mondays and Thursdays

5.30 - 7.00pm

Contact Simon on 0417 237 050

Child Health Nurses

Mondays - New Parent Groups

Tuesdays - Child Health Checks

Thursdays - Breastfeeding Clinic

Contact your local Child Health Centre for details or to make an appointment



Potters House - Christian Fellowship Church

Need help healing, hope, freedom or know someone who does?

Sundays 10.30am & 6.30pm

Enquiries welcome: 0467 084 429

Stay in touch on Facebook

Like our West Stirling Neighbourhood House Facebook page to keep up to date with the news, events, programs and activities taking place at the House.



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