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what's on in house

November 2018 - Issue 47



Term 4 2018

Monday 8th October - Friday 7th December 2018

NOVEMBER - Water Safety Month at Playgroup

7 And so to sleep
10 Repair Cafe
14 Macramé
14 Committee Meeting
17 "Bring back the life force" movie screening
20 Managing Frighting and Aggression - Triple P
21 Building Brains - Ngala
24 Succulents

DECEMBER

7 Playgroups Finish
7 Santa's Sizzling Sundowner
12 Pyjama Drama Christmas Show
12 WSNH closes

Whew It's just about time to wrap up for the year and celebrate!

This month brings us towards the end of the year and what a year it's been with the highlight being our 30th Anniversary celebration, then it was straight in to the Tender submission (Outcome to be announced in December).

We'd love to hear from you about this year. The Annual Committee Survey will be available at Playgroup and for our regular Room Hirers next week for you to give us some feedback and roll out some of your ideas.

We still have lots on offer with Family 1st Aid, Repair Cafe, Ngala Workshops, PPP Discussion Group, Macramé & Succulents Workshops, PJ Drama Christmas Show and of course our Santa's Sausage Sizzle to finish off our year together with a special visit from the man in red.

Time to ring some bells - that's what happens at the Repair cafe when a successful repair has been made!

Jen and Fran

Committee News

Toy and Book Appeal

The Committee has organized this opportunity for you to share your good will at Christmas! We hope you can contribute to this worthy appeal and bring a new book or toy which can be left in the office.



As the Year of the Dog draws to a close...time to reflect and celebrate!

This year the Smith Family Appeal aims to collect 75,000 Toys and 50,000 Gifts to reach 25,000 disadvantaged children to make them smile on Christmas morning.

New Treasurer

The Committee welcomes the nomination of Kasumi Fletcher as the WSNH Treasurer for 2019. Thank you Kazumi for volunteering your skills and service! Some final issues for the year to attend to are the update of the WSNH Policy and Procedures, Revision of the Budget and planning for 2019.

Next Committee Meeting Wednesday 14th November 7.15pm



Santa's Sizzling Sundowner - Friday December 7th

Members' families and friends Celebration

4.00pm - 6.00pm

Lay out your picnic rug, share your nibbles and drinks, grab a Sausage Sizzle or scrumptious vegetarian Paella and relax at our end of year celebration. Santa will be making an appearance from 4.30pm - 6.00pm with gifts for the kiddies!

RSVP (essential for planning gifts and sausage sizzle) - see the booking sheet in the kitchen.



Repair Cafe at WSNH

Saturday 10th November

10.00am - 12.00pm

On the second Saturday of each month.

Do you have a broken toaster, bike that needs some attention, clothing with a few holes or any other item that has seen better days? If you can carry it with two hands, bring it along to our Repair Cafe. This Volunteer service is Free of charge!

* THERE'S ALWAYS ROOM FOR MORE VOLUNTEERS - so if you know a Ms or Mr Fixit please get them to contact the Office and we'll be happy to help them out with some feel good projects!



Glueing, screwing, hammering, mending, soldering, fixing!

Parent Education Sessions - free

For parents and carers of children aged 0 - 5 years.
Wednesdays 9.30am - 11.30am

Building Brains (0 - 5 years)

Wednesday 21st November

This session will assist parents to gain a better insight into the importance of play & how nurturing & positive relationships strengthen brain connections in young children.

[Book Online here](#) Phone: 93689368 email:
NorthWestMetro.PCWA@ngala.com.au



Save-a-Child Family First Aid

For parents and carers of babies and toddlers

Tuesday 13th November

6.30pm - 9.30pm

\$65.00

This fabulous short Course will equip you with the basic skills of CPR, choking, burns, bleeding and poisoning.

Please book on the [link](#)



Macramé Produce Bag with Nicole

Wednesday 14th November

9.30am - 11.30am

\$10.00 members, \$15.00 non-members

Learn the basics of Macramé while making a functional Produce Bag or Plant Hanger or tie yourself up in knots!

Enrolments at the Office or phone 9446 2757

Crèche available: \$5.00 per child Bookings Essential



Positive Parenting Program -Triple P

for parents and carers of children 3 - 8 years

Discussion Group - Managing Fighting and Aggression

Tuesday 20th November

9.30am - 11.30am

free

RSVP: Bookings are essential and places are limited.
Please phone 9400 9551 for more information or register via:
<https://www.trybooking.com/OOFZ>

Crèche available. Please book at the Office.



Succulents & Tea cups with Nicole & Chenoa

Saturday 24th November

9.30am - 11.30am

\$15.00 members, \$20.00 non-members

Who doesn't love succulents? Come along and make some gorgeous planters in tea cups or glass jars. Get your Chrissie presents sorted or keep them for yourself!

Enrolments at the Office or phone 94462757



"Bring back the Life Force" Movie screening

(with English subtitles)

& Self-reflexology workshop at WSNH

Saturday 17th November 5.30pm - 8.00pm

Sunday 18th November 1.30 pm - 4.15pm

Cost \$35 (includes wooden tool) Cash only
(children under 15 yrs free with adults, booking reg)

Monday 19th October 1.00 - 2.30pm (movie only)

Cost \$20.00

This documentary film is based on a Japanese paediatrician doctor who addresses each patient life style and diet as "food as a medicine" in a traditional approach to enhance their own healing power. In addition to the movie, there will be a short seminar of self-care Japanese reflexology.

For bookings perthberries2014@gmail.com



Rudolph the Blue Nosed Reindeer

A Pyjama Drama Christmas Interactive Show

Calling all Christmas elves...Santa and Rudolph need our help!!!

The North Pole winter is so cold this year that Rudolph's nose has turned blue! He can't guide Santa's sleigh and those presents won't fly themselves...

Join Pyjama Drama for a magical Christmas show experience and help to save Christmas! Packed with original songs, lively games, dancing and of course.....LOTS of interactive drama adventures.

Wednesday, 12th December

10:30am – 11:30am @ WSNH

Tickets cost \$15 per child (2 – 8 years) and \$10 for additional siblings (2-8 years).

Booking is essential as places are limited. Book online at

pyjamadrama.com.au.



The Kit is printed and posted on to the WSNH Noticeboard for playgroup members to read and activate.



Also at the Centre and open for members to join in:

- **Child Health Nurses** - Child Health Checks and Breastfeeding Clinic
- **Yoga - Mondays and Thursdays: 5.30 - 7.00pm**
\$10.00 / class. Contact Simon on 0417 237 050 for more info.
- **Potters House - Christian Fellowship Church**
Sundays 10.30am & 6.30pm Enquiries welcome:
0467 084 429



- **Casting** Annie Murtagh-Monks & Associates
Casting director Annie Murtagh-Monks has been casting since middle of last year and also acting coach on a new Matchbox Pictures TV series for ABC Television called **"The Heights"**. It is the largest production ever shot in WA with wonderful scripts and a hugely diverse, talented cast & crew. Annie used **West Stirling Neighbourhood House** to audition hundreds of actors and community members to play the 124 speaking roles in the production. Production began at ABC studios in Perth on June 1st and filmed right through to October in Perth.



Well done Annie - bringing community to our centre and our screens!

Stay in touch on Facebook

Like our West Stirling Neighbourhood House Facebook page to keep up to date with the news, events, programs and activities taking place at the House.



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