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what's on in house

Issue 35 - November 2017

Term 4 : Commences Monday 9th October - Friday 8th December 2017

And just like that ... it's that time of year again!

*Breath out yesterday's air, just so we can breath in todays opportunities. See the Full Poetry Slam Winner (Solli Raphael 12 years) [here](#)
Breath out and see what opportunities we have on offer here.*

Are you looking for something different to gift your friends and family for Christmas or even for yourself? Then join our Christmas workshop - Succulent Planters and Macramé. The crèche is available so it's the perfect chance to have some time out and be creative!!

So how well have we met your needs this year? The Annual Committee Survey will be available at Playgroup next week for you to give us some feedback and roll out some of your ideas.

Santa's Sizzling Sundowner is fast approaching - save the date - Friday the 1st December and see details below.

Jen, Chenoa and Fran



Committee News

The Bunnings Sausage Sizzle fundraiser was a great successful with a profit of \$1,800.

Thank you to all those who helped and volunteered their time to making it a successful and fun day! Funds raised will go towards a new indoor play frame and other toys on our wish list.

Committee members Nicole Jenkins and Chenoa Walsh attended a workshop on Friday November 3rd to collaborate with the Department of Communities with regard to retendering for Supporting Communities Program in 2018. There was a strong focus on strengthening and empowering our community.



Thankyou to our members for writing the postcard 'I love my centre because....' to be sent to our local member to highlight the value of our House. These were full of beautiful sentiments of friendship, support and a sense of belonging.
Next Meeting: Wednesday November 15th.



Workshops and Events Coming Up

Santa's Sizzling Family Sundowner

Friday 1st December, 4.00 - 6.00pm at WSNH

- Meet and greet Santa
- FREE sausage sizzle
- BYO picnic rug, refreshments, nibbles and Christmas cheer (Please NO nuts or glass!)

RSVP at the office or fill in the clipboard in the kitchen for catering and Santa's gifts

Look forward to seeing you there!!



Christmas Workshop - Succulents Tea Cups and Basic Macramé

Tuesday 21st November
10am - 12.00pm
Cost: \$15 includes all materials
Enquiries at the office
Crèche available - bookings essential



Who doesn't love succulents?? Local artist Helen Hogan will show you all there is to know about making gorgeous succulent planters in tea cups or glass jars and basic macramé. Get your Chrissie presents sorted with this one or keep them for yourself!

Save-a-child First Aid 6hrs (2x3 hour sessions)
Tuesday 28th November 11.30am - 2.30pm
Wednesday 6th December 11.30am - 2.30pm
\$65 members, \$85 non-members

CPR & basic First Aid for parents and carers of babies and toddlers. Includes Choking, Allergic Reactions, Burns, Poisoning.

Reviews: 'The best First Aid course I've ever done - essential for every parent', 'Very informative, Insightful and extremely easy to follow. Brilliant instructor, Exceptional'



Book at 9275 6666 www.FamilyFirstAid.com.au now!

Parenting Workshops

Building Strong Resilient Children

For parents of children up to 4 years old

Tuesday 14th November

Toilet Training Partnership

For parents of children up to 3 years old

Tuesday 28th November

Both here at **West Stirling Neighbourhood House.**

\$20 per person, \$35 per couple

Bookings: <https://www.wiringkids.com.au/> More Info: 0447 648 044



Social Sewing

Last month's sewing workshop was a popular one, with a lovely and talented group of ladies meeting to share and impart sewing wisdom and get those unfinished sewing projects done.

Come join us for the final one for the year on:-
Wednesday 29th November 11.30 am - 1.30pm
Bring your current project and sewing equipment.

Enquiries - At the office
Crèche available - Bookings essential



wsnh Book Club

Next Meetings 7.15pm at WSNH

- Tuesday 21st November - **Home Fire** by Kamila Shamsie

New Booklovers welcome!!
Enquiries - At the office



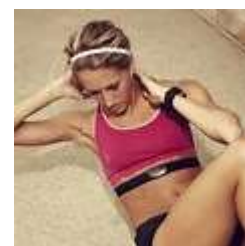
30 Minute HIIT Classes

Monday & Thursday 7:30pm - 8pm, outdoors at WSNH!

\$95 once per week \$170 twice per week

These classes move through a range of functional resistance training movements and cardio bursts, maximizing the efficiency and effectiveness of your training! If you're looking for results, join in the challenge! Head to

www.jeninediltsbayman.com to book in today.



Stay in touch on Facebook

Like our West Stirling Neighbourhood House Facebook page to keep up to date with the news, events, programs and activities taking place at the House.



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