



# Golf Program



The Golf program, supported by Campbelltown Golf Club and Jack Newton Junior Golf, is a development and high-performance program for talent identified athletes from South Western Sydney region.

The focus of the program is on achieving high standards of individual performance and excellence within a squad and/or team environment to prepare athletes for participation within the JNKG / Golf NSW Junior high-performance pathways.

## OBJECTIVES

Create an environment where athletes can develop the necessary tactical, technical, physiological and psychological skill competencies to aid progression through to the National Athlete Pathway.

Provide fundamental individual skill development sessions within a squad / team environment.

Compliment athletes local Club participation and tuition, develop and encourage athletes to be leaders within those local Club environments.

## ELIGIBILITY

Athletes must be aged between **13 and 18** years of age, in the year of nomination, and reside in the local Government Area's of Campbelltown, Camden, Liverpool or Wollondilly.

Athletes must participate and be a registered and financial member with Golf NSW.

## SELECTION PROCESS

Athletes must complete a South West Sydney Academy of Sport Athlete Nomination Form and may be required to attend an interview, or complete a skills assessment.

Athletes are recommended to have a Golf Australia Handicap of **12 and under** (Males), or **18 and under** (Females).

Athletes with handicaps outside of this range may still be considered and are encouraged to nominate.



# Athlete Benefits

## BENEFITS INCLUDE:

Recognised Athlete within the Regional Academy of Sport Network and the Jack Newton Junior Golf High-Performance Pathway

Academy uniform

Regular individual skill development and training sessions that will include game analysis and match-play, in a high performance squad environment

Access to Academy Athlete Health and Wellbeing Services

Education Program, including

- Athlete Induction,
- Media Skills and Athlete Development,
- Sport Science and Functional Movement
- Captains Class and Leadership Training,
- Practical Nutrition,
- Sport Integrity, and more

Supervised Strength and Conditioning Program/s

Fitness Testing and Functional Movement Screening

Athletes will be eligible to compete at the ClubsNSW Regional Academy Games and participate in the JNKG Tour Events\*

\*Subject to meeting event entry criteria.

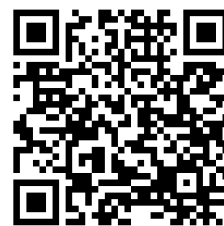
## ATHLETE SCHOLARSHIP LEVY

An Athlete Scholarship levy of **\$400** inclusive of GST, will be applicable to successful athletes.

Additional Camp / Tour costs may be applied for certain activities throughout the program year, however are heavily subsidised by the Academy and it's partners.



Nominate  
Now>



For more information: [swsas.org.au/golf](https://swsas.org.au/golf)

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