

# Monday

## *JOKSBD Weekly schedule*

TIME	ACHIEVE (UPSTAIRS)	DREAM (STUDIO A)	BELIEVE (STUDIO B)	STRIVE (LIFT)	PILATES
9.00am	Classical Transition 9am to 2.30pm				
2.30pm			PRE-SCHOOL TINY STARS 30 mins		
3.00					
3.30					
4.00		SUB-JUNIOR CLASSICAL 45 mins	BEGINNER CLASSICAL 45 mins		VET DANCE (yr 11) Theory
4.15					
4.45		SUB-JUNIOR JAZZ 45 mins	BEGINNER JAZZ 45 mins	SENIOR TAP 45 mins	
5.00					VET DANCE (yr 11&12) Practical
5.30	ACRO JUNIOR 45 mins	RECREATIONAL JAZZ 45 mins	6&U TROUPES 20 mins		
6.00					VET DANCE (yr 12) Theory
6.15	ACRO SENIOR 45 mins		JUNIOR TAP 45 mins		
6.30					
7.00		RECREATIONAL BALLET 45 mins			
7.30					
7.45		ADULT BALLET 1 hour			

# TUESDAY

## *JOKSBD Weekly schedule*

TIME	ACHIEVE (UPSTAIRS)	DREAM (STUDIO A)	BELIEVE (STUDIO B)	STRIVE (LIFT)	PILATES
4.00	JUNIOR CLASSICAL Grade 2 50 mins	JUNIOR CLASSICAL Grade 1 50 mins			
4.50	8&U TROUPE CLASSICAL 20 mins				
5.10	PRE-INTERMEDIATE CLASSICAL 1 hour	JUNIOR CONTEMPORARY 45 mins		SENIOR / INTER PBT PILATES 30 mins	
5.15					
6.10	INTERMEDIATE CLASSICAL 1 hour			10&U CONTEMPORARY TROUPE 20 mins	
6.20		ADV 1 / ADV 2 POINTE 45 mins			
7.10	SENIOR CLASSICAL 1 hour & 20 mins	GRADE 6 POINTE 30 mins		PRE-POINTE (Gr 4&5) 30 mins	
7.40		Associate Teachers Course 1 hour & 20 mins			
8.00					
8.30	OPEN AGE CLASSICAL TROUPE 20 mins				

# WEDNESDAY

## *JOKSBD Weekly schedule*

TIME	ACHIEVE (UPSTAIRS)	DREAM (STUDIO A)	BELIEVE (STUDIO B)	STRIVE (LIFT)	PILATES
4.00	Cecchetti Exam GRADE 4 45 mins	Cecchetti Exam GRADE 1 45 mins	PRE-SCHOOL BALLET & BOOGIE 30 mins		
4.45	Cecchetti Exam GRADE 5 45 mins	8&U TROUPE NEO CLASSICAL 20 mins			
5.05		Cecchetti Exam GRADE 2 45 mins			
5.10				16&U CONTEMPORARY TROUPE 20 mins	
5.30	Cecchetti Exam GRADE 6 1 hour			PRE-INTERMEDIATE CONTEMPORARY 45 mins	
5.50		INTERMEDIATE POINTE 30 mins			
6.20		Cecchetti Exam ADVANCED 2 1 hour & 30 mins			
6.30	Cecchetti Exam INTERMEDIATE 1 hour & 15 mins		INTERMEDIATE PBT 45 mins		
7.00				ADULT BALLET 1 hour	
7.30					
7.55	SENIOR CONTEMPORARY 1 hour				
8.55	OPEN AGE CONTEMPORARY TROUPE 20. mins				

# THURSDAY

## *JKSBD Weekly schedule*

TIME	ACHIEVE (UPSTAIRS)	DREAM (STUDIO A)	BELIEVE (STUDIO B)	STRIVE (LIFT)	PILATES
9.30am			PARENTS & TINY DANCERS 30 mins		
10.00am			PRE-SCHOOL ENCHANTED WONDERLAND 30 mins		
4.00		Cecchetti Exam PRIMARY 45 mins	BEGINNER CLASSICAL 40 mins	SENIOR PBT 45 mins	
4.10	13&U CONTEMPORARY TROUPE 20 mins				
4.30	INTERMEDIATE CONTEMPORARY 45 mins				
4.40			BEGINNER JAZZ 40 mins		
4.45		Cecchetti Exam ADVANCED 1 1 hour & 15 mins			
5.20	INTERMEDIATE JAZZ 1 hour				
6.00					
6.20	OPEN AGE NEO CLASSICAL TROUPE 20 mins	13&U JAZZ TROUPE 20 mins			
6.40	16&U JAZZ TROUPE 20 mins				
7.00	OPEN AGE JAZZ TROUPE 20 mins				
7.20	SENIOR JAZZ 1 hour				

# FRIDAY

# JOKSOD Weekly schedule

TIME	ACHIEVE (UPSTAIRS)	DREAM (STUDIO A)	BELIEVE (STUDIO B)	STRIVE (LIFT)	PILATES
4.00					
4.15	<b>INTERMEDIATE JOKSOD EXTENSION PROGRAM (JEP) CLASSICAL</b> 1 hour and 15 mins				
4.45					
5.00					
5.30					

## Timetable key

	<b>JOKSOD Open classes</b> (Includes all genres of dance from 2 years plus - our core program that takes dancers from young beginners into accomplished Seniors)
	<b>JOKSOD Cecchetti Ballet Australia Examination classes</b> (levels Primary through to Advanced 2)
	<b>JOKSOD Competition Team troupe dance rehearsals</b> (For those in our Competition team in age groups 6 years to Open Age)
	<b>JOKSOD Recreational classes</b> (For dancers aged 10+ that are starting out and can learn foundational technique - also Adult options)
	<b>JOKSOD Specialist Programs</b> JOKSOD Extention Program (JEP) JOKSOD Transition Program (JTP) and VET Dance

# SATURDAY MORN

## JOKSOD Weekly schedule

TIME	ACHIEVE (UPSTAIRS)	DREAM (STUDIO A)	BELIEVE (STUDIO B)	STRIVE (LIFT)	PILATES
9.00		Cecchetti Exam GRADE 3 45 mins	BEGINNER CLASSICAL 45 mins		
9.10	SENIOR JOKSOD EXTENSION PROGRAM (JEP) CLASSICAL 1 hour and 25 mins				
9.45		8&U JAZZ TROUPE 15 mins	PRE SCHOOL FAIRY MAGIC 30 mins		
10.00		10&U JAZZ TROUPE 25 mins			
10.15			BEGINNER TAP 30 mins		
10.30		JUNIOR JAZZ 1 hour			
10.45	13&U CLASSICAL / NEO TROUPES 45 mins				
11.00					
11.30	10&U CLASSICAL / NEO TROUPES 45 mins			SENIOR MUSICAL THEATRE 45 mins	
12.00					
12.15	16&U LYRICAL TROUPE 20 mins				
12.25		JUNIOR MUSICAL THEATRE 45 mins			
12.35	16&U CLASSICAL / NEO TROUPES 40 mins				

# SATURDAY AFTERNOON

*JOKSBD Weekly schedule*

TIME	ACHIEVE (UPSTAIRS)	DREAM (STUDIO A)	BELIEVE (STUDIO B)	STRIVE (LIFT)	PILATES
1.05			8&U TAP TROUPE 15 mins		
1.20		10&U SONG & DANCE TROUPE 15 mins			
1.35		PRE-INTERMEDIATE JAZZ 55 mins			
1.45	SENIOR LYRICAL 1 hour				
2.40		INTERMEDIATE LYRICAL 45 mins			
2.45	OPEN LYRICAL TROUPE 20 mins				
3.25	COMMERCIAL JAZZ 45 mins				