Central venous Access device SeCurement And Dressing Effectiveness (CASCADE) in paediatrics: protocol for pilot randomised controlled trials

Amanda J Ullman, Tricia Kleidon, Victoria Gibson, Debbie A Long, Tara Williams, Craig A McBride, Andrew Hallahan, Gabor Mihala, Marie Cooke, Claire M Rickard

ABSTRACT

Introduction: Paediatric central venous access devices (CVADs) are associated with a 25% incidence of failure. Securement and dressing are strategies used to reduce failure and complication; however, innovative technologies have not been evaluated for their effectiveness across device types. The primary aim of this research is to evaluate the feasibility of launching a full-scale randomised controlled efficacy trial across three CVAD types regarding CVAD securement and dressing, using predefined feasibility criteria.

Methods and analysis: Three feasibility randomised, controlled trials are to be undertaken at the Royal Children’s Hospital and the Lady Cilento Children’s Hospital, Brisbane, Australia. CVAD securement and dressing interventions under examination compare current practice with sutureless securement devices, integrated securement dressings and tissue adhesive. In total, 328 paediatric patients requiring a peripherally inserted central catheter (n=100); non-tunnelled CVAD (n=180) and tunnelled CVAD (n=48) to be inserted will be recruited and randomly allocated to CVAD securement and dressing products. Primary outcomes will be study feasibility measured by eligibility, recruitment, retention, attrition, missing data, parent/staff satisfaction and effect size. CVAD failure and complication (catheter-associated bloodstream infection, local infection, venous thrombosis, occlusion, dislodgement and breakage) will be compared between groups.

Ethics and dissemination: Ethical approval to conduct the research has been obtained. All dissemination will be undertaken using the CONSORT Statement recommendations. Additionally, the results will be sent to the relevant organisations which lead CVAD focused clinical practice guidelines development.

Trial registration numbers: ACTRN12614001327673; ACTRN12615000977572; ACTRN12614000280606.

INTRODUCTION

Central venous access devices (CVADs) are used for monitoring and medication in critically and chronically unwell patients in a variety of inpatient and outpatient settings. More than 5 million CVADs are used in the USA per year alone. Conventionally, non-tunnelled CVADs (nt-CVADs) have been advocated for use when central venous access is required for a short time. Peripherally inserted central catheters (PICCs) for short-to-medium time, and tunnelled CVADs (t-CVAD) and totally implantable devices for longer time periods. Children requiring CVADs to facilitate treatment are extremely vulnerable to the risk of adverse events associated with insertion and management. About 25% of paediatric CVADs fail prior to treatment being complete. This includes CVADs becoming partially or wholly dislodged, occlusions, venous thrombosis, fractured catheters, site erosion, severe pain or a bloodstream infection. The consequences of failure include the morbidity and mortality associated with the cause of the complication (eg, catheter-associated bloodstream infection (CABSI); with an attributable mortality as high as 35%), interruption of medical treatment and the insertion of replacement devices.
CVADs, involving the additional risk of procedural complications. Many CVAD complications are preventable with the consistent use of evidence-based CVAD insertion and maintenance practices. An essential component to prevent postinsertion CVAD complications is the securement and dressing product chosen. To prevent complications, CVADs require (1) insertion site protection from microbial contamination from the surrounding skin and environment; (2) the external portion to be secured to prevent venous dislodgement and (3) securement to prevent micromotion within the vein and at the insertion site. Micromotion is believed to irritate the vein wall causing inflammation, thrombosis, occlusion, vessel erosion and encourages the skin bacteria to enter the insertion wound. Since the 1980s, pervasive practice has been to suture CVADs for securement, with adhesive, polyurethane dressings placed over the sutured site (see figure 1A). Transparent polyurethane dressings are claimed to be impermeable to microorganisms but semipermeable to oxygen, carbon dioxide and water vapour. Recent evidence supports the introduction of chlorhexidine gluconate-impregnated (CGI) CVAD dressing products within the critical care as a strategy to reduce the incidence of site colonisation and CABSI in non-tunnelled devices. The recent Cochrane systematic review by Ullman and colleagues found moderate quality evidence that CGI dressings reduced the frequency of catheter-related BSI per 1000 patient days compared with conventional polyurethane dressings (relative risk (RR) 0.51, 95% CI 0.33 to 0.78; p=0.002). The prevalence of catheter tip colonisation was also significantly reduced (RR=0.58; 95% CI 0.47 to 0.73; p<0.001). The transferability of these results outside of the critical care population has yet to be established, considering the different CVAD dwell times, insertion technique and clinician groups caring for CVADs in the various healthcare settings. Alternative securement and dressing options have become available that may be superior to suturing and polyurethane dressings for preventing complications, but these have not yet been adequately tested for efficacy, acceptability or cost-effectiveness. Sutureless securement devices (SSDs) have large adhesive padded footplates with CVAD-locking clasps of plastic or Velcro (see figure 1B). They aim to reduce movement, kinking and flow impedance, and are used with polyurethane dressings. A manufacturer-sponsored randomised controlled trial (RCT) in PICCs (n=170) found significantly reduced CABSI with SSD (9.4% suture vs 1.2% SSD; p=0.04), and non-significant reduction in unplanned removal (36% suture vs 24% SSD). An independent RCT in dialysis devices (n=72) found reduced haematoma, thromboses and dislodgement (13.9% suture vs 8.3% SSD; p=NS). Neither of these studies included the paediatric population.

Integrated securement dressings (ISDs) are ‘next generation’ polyurethane dressings with a tough fabric adhesive border around the central polyurethane with continued adhesive over and underneath the CVAD body (figure 1C). ISDs claim to eliminate the need for a separate securement device (eg, sutures), and a reduction in costs and procedural complexity. They also include an absorbent layer around the polyurethane, which is claimed to move moisture away from the wound. This may be useful for newly inserted CVADs, which commonly ooze and require more frequent replacement, which increases CABSI risk. A recent adult cohort study (n=327 ISD; n=94 historical suture controls) reported ISD to be associated with significantly delayed onset of occlusion (from 8 to 25 days; p<0.01) in comparison to sutures.

Figure 1 Illustration of products tested within the CASCADE junior trials: (A) Simple polyurethane and suture; (B) Sutureless securement device with simple polyurethane; (C) Integrated securement dressing product; (D) Tissue adhesive.
Tissue adhesive (TA) is medical-grade ‘superglue’ (cyanoacrylate) used as an alternative to sutures in internal and external wounds.23 (Figure 1D) Case reports in adults suggest TA reduces CVAD dislodgement from 12% to 4%, with no skin reactions or mechanical complications.24 25 TA is bactericidal and inhibits growth of all Gram-positive organisms (predominantly in CABSI), including methicillin resistant Staphylococcus aureus (MRSA).24 TA forms an occlusive healing environment and a physical barrier to microorganisms, with haemostatic properties to reduce ooze and haematomas.24 When used with a polyurethane dressing, TA remains for 4–7 days, sloughs off slowly, and can be reapplied or removed easily with commercial wipes or petroleum jelly.26 TA may hold the key to avoiding sutures and CVAD complications by reducing pistoning, accidental removal, infection and bleeding.

These new technologies potentially reduce complications associated with the use of CVADs in the paediatric population. There are currently no strong data supporting their relative effectiveness and safety across the diverse range of CVADs and patients in paediatric clinical practice. Randomised, experimental, efficacy trials, with measures to prevent bias, are necessary to provide true estimates of relative effectiveness and inform practice.27 The UK’s Medical Research Council’s Developing and evaluating complex interventions framework (see Figure 2) highlights the importance of piloting prior to undertaking large efficacy trials to prevent problems of acceptability, compliance, intervention implementation, recruitment and retention, and underpowered studies.27 Pilot studies should examine the key uncertainties that have been identified during research development. This involves testing of intervention and data collection procedures, estimating recruitment and retention numbers and determining effect estimates for future sample size calculations.

The primary aim of this research is to evaluate the feasibility of launching a full-scale randomised controlled efficacy trial of PICC, nt-CVAD and t-CVAD securement and dressing using predefined feasibility criteria for recruitment, retention, protocol fidelity and product acceptability. The secondary aim is to compare the effectiveness of dressings and securement products on CVAD complications and failure due to infection, occlusion, dislodgement, thrombosis, or breakage, for children in acute care facilities.

**METHODS AND ANALYSIS**

**Design**

Three separate pilot RCTs involving PICC, nt-CVAD and t-CVAD are being undertaken to provide information for the planning and justification of a future efficacy RCT, allowing refinement of the study components including the protocol, processes and outcomes.28 29 The trials are referred to as Central venous Access device ScuRement And Dressing Effectiveness in paediatrics (the CASCADE Junior trials).

**Study setting**

The three pilot RCTs were initially conducted at the Royal Children’s Hospital, Brisbane, Australia; and, after local hospital mergers, the larger Lady Cilento Children’s Hospital, Brisbane, Australia. These are tertiary level, specialist paediatric teaching hospitals in Queensland providing full-spectrum health services to children and young people from birth to 18 years of age. Referrals are from throughout Queensland, northern New South Wales and the Pacific Rim.

**Participants**

Perioperative patients requiring an elective CVAD insertion for medical treatment; or those with a non-trial CVAD in situ and requiring device replacement, as well as those requiring urgent CVAD insertion within the intensive care unit will be recruited. In total, 100 participants will be recruited to PICC-CASCADE Junior allowing 30 participants per study arm and potential 10% attrition. In total, 180 participants will be recruited to nt-CASCADE Junior allowing 55 participants per study arm and potential 10% attrition. In total, 48 participants will be recruited to t-CASCADE Junior, allowing 12 participants per study arm. As the aim of these pilot studies is to test the feasibility of the definitive RCTs, and not hypothesis testing, the power level was not a valid consideration for sample size. The CASCADE Junior pilot sample sizes are in accordance with recommendations by Thabane et al20 and Hertzog31 to facilitate accurate estimates of effect size while minimising unnecessary costs, time and recruitment of future definitive study participants.

Patients who meet all the inclusion criteria and no exclusion criteria described in Table 1 are eligible for enrolment.

**Interventions**

The intervention arms for each CVAD study have been individualised to the three device requirements (PICC,
nt-CVAD and t-CVAD). Details regarding the intervention arms can be seen in box 1, with the dressing and securement technologies under evaluation illustrated in figure 1. Researchers and local clinicians developed the intervention arms; taking into consideration current local practice, best available evidence and the safety of all participants.

Outcomes
Primary outcome
The primary outcome is feasibility of full efficacy trials. This will be established by composite analysis of elements of feasibility as described by Lancaster et al.,28 Thabane et al.29 and Hertzog.31 Full definitions of the primary and secondary outcomes are provided in box 2.

Study procedures
The research nurse (ReN) will screen patients daily, obtain written informed consent and undertake randomisation. The ReN will prepare study packs with securement and dressing products and will liaise closely with the CVAD insertion clinicians. Randomisation will be web-based via Griffith University https://www151.griffith.edu.au/random. This will ensure full compliance with best practice standards for randomisation generation and allocation concealment until study entry. Randomisation will be generated on a 1:1:1:1 (t-CASCADE Junior) or 1:1:1 (PICC-CASCADE and nt-CASCADE Junior) ratio for the study groups. Block size will vary randomly. The project manager will undertake quality checks to ensure allocation integrity. CVAD

### Table 1 Inclusion and exclusion criteria for the CASCADE Junior trials

<table>
<thead>
<tr>
<th>Inclusion criteria</th>
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<tbody>
<tr>
<td>Patients &lt;18 years of age</td>
<td>All other intravascular device types (eg, totally implanted CVADs, peripheral intravascular devices)</td>
</tr>
<tr>
<td>Will remain admitted to the Royal Children’s Hospital or Lady Cilento Children’s Hospital for &gt;24 hours</td>
<td>Current bloodstream infection</td>
</tr>
<tr>
<td>Informed consent to participate</td>
<td>Non-English speakers without an interpreter</td>
</tr>
<tr>
<td>PICC-CASCADE Junior</td>
<td>CVADs inserted through diseased burned, scarred or extremely diaphroetic skin</td>
</tr>
<tr>
<td>nt-CASCADE Junior</td>
<td>Known allergy to any study product</td>
</tr>
<tr>
<td>nt-CVAD to be inserted and will remain in situ for &gt;24 hours</td>
<td>Current skin tear/‘papery’ skin at high risk of tear</td>
</tr>
<tr>
<td>t-CASCADE Junior</td>
<td>Previous enrolment in the CASCADE Junior studies within this hospital admission</td>
</tr>
<tr>
<td>t-CVAD to be inserted and will remain in situ for &gt;24 hours</td>
<td>CASCADE, Central venous Access device SeCurement And Dressing Effectiveness; CVAD, central venous access device; nt, non-tunnelled; PICC, peripherally inserted central catheter; t, tunnelled.</td>
</tr>
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</table>

### Box 1 Intervention arms for the CASCADE Junior trials

1. **PICC-CASCADE Junior**
   - Standard care:
     - Sutureless securement device (Statlock VPPCSP; Bard, Georgia; and)
     - BORDERED polyurethane dressing (Tegaderm 1655 or 1616; 3M, St Paul).
   - Tissue adhesive:
     - Tissue adhesive (Histoacryl; B. Braun, Germany; and)
     - BORDERED polyurethane dressing (Tegaderm 1655 or 1616; 3M, St Paul).

2. **nt-CASCADE Junior**
   - Standard care:
     - Suture (Prolene; Ethicon, New Jersey, USA;)
     - Chlorhexidine-impregnated disc (Biopatch 44150; Johnson & Johnson, New Jersey, USA; and)
     - BORDERED polyurethane dressing (Tegaderm 1655 or 1616; 3M, St Paul).

3. **Integrated dressing securements**:
   - Suture (Prolene; Ethicon, New Jersey, USA;)
   - Chlorhexidine-impregnated disc (Biopatch 44150; Johnson & Johnson, New Jersey, USA; and)
   - BORDERED polyurethane dressing (Tegaderm 1655 or 1616; 3M, St Paul).
   - 1. Standard care:
      - Suture (Prolene; Ethicon, New Jersey, USA;)
      - Chlorhexidine-impregnated disc (Biopatch 44150; Johnson & Johnson, New Jersey, USA; and)
      - BORDERED polyurethane dressing (Tegaderm 1655 or 1616; 3M, St Paul).
   - 2. Tissue adhesive:
     - Suture (Prolene; Ethicon, New Jersey, USA;)
     - Chlorhexidine-impregnated disc (Biopatch 44150; Johnson & Johnson, New Jersey, USA; and)
     - BORDERED polyurethane dressing (Tegaderm 1655 or 1616; 3M, St Paul).
   - 3. Integrated dressing securements:
     - Suture (Prolene; Ethicon, New Jersey, USA;)
     - Chlorhexidine-impregnated disc (Biopatch 44150; Johnson & Johnson, New Jersey, USA; and)
     - BORDERED polyurethane dressing (Tegaderm 1655 or 1616; 3M, St Paul).
   - 4. Integrated dressing securements:
     - Suture (Prolene; Ethicon, New Jersey, USA; and)
     - BORDERED polyurethane dressing (Tegaderm 1655 or 1616; 3M, St Paul).
securement and dressings are not amenable to blinding of patients, clinical staff or ReNs.

Data collection will be facilitated using REDCap (Research Electronic Data CAPture http://project-redcap.org/) by the ReN. The ReN will visit patients daily to inspect the CVAD and dressing securement products, view medical records and talk to staff, patients and caregivers. They will collect data until 4 weeks after insertion, study withdrawal, removal of the CVAD, or hospital discharge. CVADs still in situ at 4 weeks or discharge will be censored from the study at that time. ReN will collect data on primary and secondary outcomes. Demographic data will be collected to describe the participant group and enable comparisons to inform future generalisability. Data will also be collected regarding patient and device-related characteristics that are known to increase the risk of CVAD failure.1 36–41

Variables to be collected include age, gender, diagnostic category, immunocompromise, existing infection, presence of stoma, parental nutrition, length of hospital stay, level of consciousness, diaphoresis, CVAD utilisation, insertion site and technique, experience of the CVAD inserter. ReN will inspect the site and collect data on all adverse events. At CVAD removal (or within 24 hours), the ReN will ask the patient or caregivers and healthcare staff about their assessment of the acceptability and satisfaction with the dressing and securement product (numeric rating scale 0–10).
CVAD procedures

The pilot studies are pragmatic in order to maximise the applicability to future efficacy trials and future generalisability, therefore, ReNs will not be involved in CVAD insertion and will minimise their involvement in CVAD care. Standardised CVAD insertion includes; a large sterile drape, sterile gloves, gown and mask. The CVAD inserter will select site (eg, jugular, subclavian), CVAD type (eg, number of lumens) and approach (tunneled or non-tunneled) based on clinical judgement of patient needs, and then apply the allocated products.3

The ReNs will ask inserters to rate ease of application using a 11-point scale (0=very difficult, 10=very easy).

Extensive education activities and user guides will be provided to hospital staff to ensure consistency and protocol adherence. Nursing staff will change study products weekly and as clinically indicated. Product replacements/reinforcements, including tape, and the reasons for these will be recorded.

Clinical staff will take blood and CVAD tip cultures on suspicion of infection, as per standard hospital and pathway protocols.12 42 Diagnoses of CABS and CVAD-related BSI will be made by an independent, blinded infectious diseases specialist. Similarly, ultrasound for the identification of symptomatic venous thrombosis will be requested by the clinical team coordinating the participants’ care, with diagnosis made by an independent, blinded radiologist using standard department protocols.

Reliability and validity

The reliability of the CASCADE Junior trials will be ensured through the adherence to the a priori study protocol.43 Internal validity will be maintained by following the study protocol monitored by the project manager, with adherence to reporting safeguards to minimise bias. Use of computer-generated randomisation and allocation concealment will avoid risk of selection and allocation bias. The CVAD securement and dressing products being trialled are not amenable to blinding of patients, family members, clinical staff or research staff. Radiological and laboratory staff assessing the CABS and venous thrombosis outcomes will be blinded. With an intention to treat approach, all participants will be accounted for in the final analysis following randomisation.44 The CONSORT Guidelines,45 including the checklist and diagram, will be used to report the CASCADE Junior trials findings.

Statistical methods

Each pilot study will be analysed separately. Descriptive statistics will be used to ascertain the primary outcome of feasibility for the larger trial. All randomised patients will be analysed on an intention-to-treat (ITT) basis. Comparability of groups at baseline will be assessed using clinical parameters. Incidence rates of CVAD device failure (per 1000 device days) and CVAD complication (per 100 devices) will summarise the impact of each dressing regimen; group differences will be evaluated by calculating 95% CIs and p values. CVADs in situ after 4 weeks or at hospital discharge will be censored from analysis at this point. Kaplan-Meier survival curves (with log rank test) will compare CVAD failure and complication over time. Secondary end points including dwell time, dislodgement, infection and safety will be compared between groups using parametric or non-parametric techniques as appropriate. In addition to group, multivariate regression (Cox) models will test the effect of patient and device variables associated with CVAD failure, for example, insertion site, dwell time, length of stay, diagnostic group, age, sex, mobility, comorbidities and IV medications. Prior to analysis, data cleaning of outlying figures, missing and implausible data will be undertaken, and a random 5% sample of source data will be re-entered and checked. All attempts will be made to collect the primary end point. A per-protocol analysis will assess the effect of protocol violations. p <0.1 will be evaluated as indicating some evidence against a null hypothesis, and values <0.05 will be considered statistically significant.

Estimating cost parameters

Trial costs will be collected as direct product costs (material costs) and healthcare resource utilisation (labour costs), including failure-associated costs using previously established cost estimates.30 Health resource utilisation will be measured by assessing the staff time and equipment associated with CVAD insertion (PICC, t and nt) and dressing changes.42 Group differences will be tested using a non-parametric statistical test.

ETHICS AND DISSEMINATION

Ethics and safety considerations

Ethics approval for the CASCADE Junior trials has been gained from the Children’s Health Services Queensland (HREC/15/QCH/181) and Griffith University (NRS/10/14/HREC) Human Research Ethics Committees (HRECs). The CASCADE Junior trials were also registered with the Australian and New Zealand Clinical Trial Registry (PICC-CASCADE ACTRN12614001327673; nt-CASCADE ACTRN12615000977572; t-CASCADE ACTRN1261400280606). Adverse events (eg, skin irritation) will be recorded and serious adverse events (eg, death) will be reported to the HRECs.

Parents/legal guardians will be given an information sheet, time to read and fully understand it, and an opportunity to ask questions. Children will be provided a youth assent form if older than 6 years of age and developmentally appropriate. All children will be provided with information regarding the study and given the opportunity to provide assent for participation. Withdrawal from the study will, in no way, affect the care they receive from the hospitals. Participant confidentiality will be ensured and anonymity guaranteed. Only aggregate data will be published and data will be stored.
according to National Health & Medical Research Council guidelines.46

**Dissemination**
In accordance with the primary outcome of feasibility, the results of this research will be used to inform the design of further efficacy RCTs of CVAD securement in paediatrics. The results of this research will also be disseminated locally at the involved children’s hospital, and at relevant local, national and international vascular access and paediatric scientific meetings. Each pilot study will be separately published in a relevant healthcare journal presented in accordance with the CONSORT statement recommendations.47 Additionally, the results will be sent to the relevant organisations which lead CVAD focused clinical practice guidelines development. The funding organisations will not be involved in the analysis or preparation of publications resulting from the research.

**Trial status**
Recruitment of patients to the PICC-CASCADE and t-CASCADE Junior trials started in April 2014. Recruitment was paused from November 2014 to March 2015, due to the hospital merger, for the safety of all participants. Recruitment of patients to the nt-CASCADE Junior trial will commence in January 2016. It is expected that recruitment will be completed for all pilots by December 2016.

**DISCUSSION**
The risk of paediatric CVAD failure and complication varies between device types.10 CVAD dressing and securement devices need to be evaluated for effectiveness and suitability across the CVAD range. A ‘one-size-fits-all’ approach to CVAD securement is inappropriate and likely to be ineffective.35 Depending on the insertion site and length, CVADs have different tensile strength requirements.15 For example, tunnelled and cuffed devices, in comparison to other CVAD types, may have lower strength requirements after tissue engraftment. PICCs may have higher strength requirements due to limb movement and device length.

The contrasting external shapes of CVADs mean some securement products may not be suitable or vary in their effectiveness to prevent complication. For example, many of the SSD products anchor devices using the CVAD ‘wings’, which are absent in tunnelled cuffed CVADs, such as Hickman or Broviac catheters. The limited skin space available to secure and dress jugular, non-tunnelled CVADs in infants and neonates can result in some securement devices also being impractical. Individual testing of CVAD securement and dressing products in paediatrics between CVAD types is necessary.

CVAD securement and dressing products provide an important contribution to the prevention of CVAD failure and complication. The ideal CVAD securement and dressing should (1) prevent accidental removal, micromotion and pistoning; (2) block bacteria entering the wound; (3) have antimicrobial properties; (4) assist with haemostasis; (5) be comfortable for patients; (6) be easy for staff to use and (7) be cost-effective. Although many alternatives to suture and polyurethane dressings exist, how these meet the above criteria is largely unknown. Systematic and narrative reviews have highlighted the dearth of literature to support practice in this area.15 48 The CASCADE Junior trials will contribute new knowledge to inform the individual efficacy of each dressing and securement type for each of the populations and devices utilising them.

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**Contributors** AJU conceived the study, wrote grant, developed protocol and funding applications, wrote the first draft of manuscript and approved the final draft. TK and DAL assisted with proposal development, grant application, managed the study, reviewed manuscript and approved the final draft. CMR conceived the study, wrote grant, developed protocol, setting, reviewed manuscript and approved the final draft. GM contributed to statistical methods, proposal development, reviewed the manuscript and approved the final draft. VG and TW contributed in data collection, assistance with study management and primary end point assignment, reviewed the manuscript and approved the final draft. MC contributed in grant application, prepared and reviewed the manuscript, and approved the final draft. AH and CAM contributed in grant application, oversight data collection, reviewed the manuscript and approved the final draft.

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**Competing interests** In addition to funding disclosed in the funding statement, AJU, CMR, TK have received funding through Griffith University for their research from product manufacturers (Becton Dickinson; 3M; Carefusion; Centurion Medical Products).

**Patient consent** Obtained.

**Ethics approval** Children’s Health Services Queensland and Griffith University.

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