



Middle School

Uniform Requirements

At all times, students are ambassadors of the school and are expected to wear the uniform in a way that presents a positive face of Sacred Heart College Middle School.

Students are reminded that the correct wearing of the uniform is a pre-requisite for attendance. Non-compliance with uniform regulations may result in the student being sent home for the matter to be rectified. The complete uniform should be neatly worn when travelling to and from school or school events. This also applies to after school sports training nights, unless students are being picked up by car.

Any student who is unable to wear the correct uniform should have a note of explanation from a parent/carer, and this is to be shown to his Homeroom Teacher.

All clothing and effects should be clearly labelled with the student's name.

The Middle School has a Sun Safe Policy which prescribes the wearing of the SHC wide brimmed hat or SHC cap, and the use of 30+ Sunscreen by all staff and students is encouraged (30+ Sunscreen is provided in classrooms and staffrooms). Students are required to have their SHC hat in good condition and at school at all times.

Students are required to wear their SHC hat and sunscreen from 1 September to 30 April each year and when the UVR is 3 or above at other times (as per Cancer Council SA guidelines):

- During recess and lunch breaks.
- In all Physical Education lessons and outdoor activities.
- When representing the College in outdoor sports.
- When travelling to and from school.

Students who do not have their hat with them and in good condition are asked to stay in a designated area protected from the sun.

School Bag

The only approved school bag is the official SHC bag. This is obtainable from the College Uniform Shop. The bag will be free of any graffiti or stickers. If a second bag is required for sporting gear, a plain blue sports bag is preferred.

Grooming

Grooming involves adequate standards with regard to personal cleanliness and presentation. Presentation includes regular washing and combing/brushing of hair. Tie and shirt should be worn neatly e.g. shirt tucked in. Shoes must be clean.

Jewellery

Students may wear discreet items of jewellery in line with the following guidelines:

- One necklace
- Piercings (including transparent or clear studs) and rings are not permitted
- No offensive symbolism.

Hair

Hair is to be clean, neat and tidy, out of the eyes and without extremes of colour or style. Hair should not be over the collar (no ponytails or topknots). Students should be clean shaven. Examples of what is considered 'extreme' are any:

- razor cuts, patterns cut into the hair or 'rats' tails
- cutting/shaving/gelling/tinting of the hair that leads to a 'Mohawk' style
- multi-coloured streaks or patterns including large patches of different colour
- cuts shorter than a 'number 2'.

Expressions of fashion and style are permitted, however the College reserves the right to determine what constitutes appropriate grooming and students will be expected to comply with that standard. This will be at the discretion of the Director of Students.

The College Uniform Shop stocks the approved style/colour of all uniform needs.

Summer Uniform (Terms 1 & 4)

- Shirt:** Fine striped blue and white with short sleeves.
- Shorts:** Navy shorts, with elastic back – no belt required.
Navy shorts, with belt loops – black belt and plain buckle.
- Trousers:** Long grey trousers worn with belt and open-necked, short sleeved, pin-striped blue shirt or long-sleeved, pin-striped blue shirt and SHC tie with shirt tucked in and grey socks SHC blue pullover/vest
- Pullover:** (Optional) SHC blue jumper.
- Vest:** (Optional) SHC blue vest with twin sky blue neck stripes.
- Socks:** SHC Navy Marle.
- Shoes:** Black leather lace-up school shoes – polished (No coloured stitching, ripple soles, boots or slip-ons).
- Hat:** SHC wide brimmed hat or SHC cap (parental/carer choice).

Winter Uniform (Terms 2 & 3)

- SHC Blazer:** *(to be worn to and from school)*
- SHC Tie:** *(top button on shirt must be done up)*
- Shirt:** Fine striped blue and white with long sleeves, tucked into trousers.
- Trousers:** Grey long trousers with black belt and plain buckle.
- Pullover:** (Optional) as for summer.
- Vest:** (Optional) as for summer.
- Shoes:** As for summer.
- Socks:** Plain grey.
- Hat:** SHC wide brimmed hat or SHC cap (parent/carer choice).

Please note that T-shirts worn under the uniform should not be at all visible and no printed or coloured T-shirts or skivvies as undershirts.

Sports Uniform

Sports Uniform may be worn to and from school on days on which students have timetabled Physical Education. Boys unable to wear COMPLETE SPORT UNIFORM on scheduled Physical Education days are to wear normal uniform, bring sports gear in their bag then change immediately before and after that lesson.

Boys travelling home from school after sport practice must do so in complete sport uniform unless they are picked up by car. The items below have been chosen by the uniform sub-committee to provide a presentable and economical uniform.

All purchases (except sports shoes) must be made at the Uniform Shop – no substitutes allowed: SHC Sports Polo Shirt; Sports Shorts (with zip pocket); Track Pants; Rugby Top or Track Jacket; wide-brimmed hat or cap; Sports Socks.

Sports Shoes: Any colour or black permitted. No extremes in fashion and no casual shoes.

Inter-School Sports Uniform

The SHC rugby top or the SHC track jacket and SHC track pants may be worn with the following before or after each fixture. No other alternatives allowed. No other coloured jackets, caps etc. permitted.

Athletics:	SHC sports shirt and shorts, sports socks. Athletic singlets will be provided on loan to athletes representing the College.
Baseball:	SHC sports polo shirt, shorts or grey baseball pants (optional), sports socks, cap.
Basketball:	SHC basketball shorts, basketball singlet and sports socks.
Cricket:	All white cricket clothes. White cricket hat (washable), SHC wide brimmed hat, crested cricket cap or cap, white or blue helmet.
Football:	SHC Guernsey, football shorts, football socks.
Rugby:	SHC Rugby Jersey, sports shorts and football socks.
Soccer:	SHC soccer shirt, soccer shorts, soccer socks.
Table Tennis:	SHC sports shirt, sports shorts, sports socks.
Tennis:	SHC sport shirt, sport shorts, sports socks, wide brimmed hat or cap.
Touch:	SHC sports shirt, shorts, sports socks.

