



WINTER TUCKSHOP PRICE LIST

Menu will be revised as required - current as of 24 July 2019

LUNCH ORDERS DUE AT THE TUCK SHOP NO LATER THAN 9:15AM

Please clearly mark lunch order bag with student's name and class and wherever possible, please use correct change

Unavailable items may be substituted by staff
it is a good idea to list a second preference (especially for Junior Primary students)

Additional food items are also available over the counter. See Tuckshop for selection.



AVAILABLE

Wednesday Hump Day Specials

WEEK #		
1.	Roast Pumpkin Soup with Buttered Roll	\$6.00
2.	Ravioli with Bolognaise	\$6.00
3.	Meatball Sub	\$6.00
4.	Butter Chicken with Basmati Rice	\$6.50
5.	Homemade Chicken Noodle Soup with Buttered Roll	\$6.00

Wednesday Humpday Specials
are published in the Bulletin
and Student Daily Notices

Primary Daily Meal Packs

Available for lunch by Pre-Order Daily
Please ensure Lunch Order is received no later than 9:15am

Cheeseburger Pack	\$7.00
Cheeseburger, Apple, Just Juice	
Chickenburger Pack	\$7.00
Small Chickenburger, Apple, Just Juice	
Hot Dog Pack	\$7.00
Hot Dog, Apple, Just Juice	
Sandwich Pack	\$7.00
Cheese Salad or Ham + Cheese Sandwich, Apple, Just Juice	
Wrap Pack	\$6.50
1/2 Chicken Salad Wrap, Apple, Just Juice	

Drinks

600ml Water	\$2.50
600ml Plain Milk	\$3.00
375ml Plain Milk	\$2.00
600ml Flavoured Milk (Chocolate / Strawberry)	\$4.30
375ml Flavoured Milk (Chocolate / Strawberry)	\$3.60
200ml Lactose Free Milk (50% less Sugar Choc)	\$2.50
Up and Go Milk (Chocolate)	\$3.00
Just Juice 200ml (Apple Blackcurrant / Paradise Punch)	\$2.00
Fruit Juice 350ml (Apple / Tropical)	\$3.50
Fruit Juice 500ml (Orange)	\$4.50
Soft Drinks 450ml or 600ml	from \$3.50
Kynton Carbonated Mineral Water (Apple + Raspberry)	500ml \$4.00
Iced Tea	500ml \$4.50

Ice Creams & Confectionery

Selection Available from	\$1.00
Frozen Juice Cups (Apple / Apple Blackcurrant)	\$1.00
Can be included on lunch orders	
All other Icecreams / Iceblocks can be purchased over the counter	

Hot Foods

	small	large
Homemade Hamburger		\$6.00
Cheeseburger		\$5.00
Gourmet Chicken Burger		\$7.00
Chicken Schnitzel Burger (Lettuce, Tomato + Mayo)	\$5.00	\$6.50
Veggie Burger		\$6.00
Chicken & Mayo Roll		\$5.00
Sweet Chilli Chicken Wrap	\$3.50	\$6.00
Hot Dog w/Sauce	\$2.50	\$4.50
Hot Dog W/Cheese & Sauce	\$2.80	\$5.00
HotDog W/Bacon, Cheese, Sauce & Mustard		\$6.00
Garlic Bread		\$3.00
Beef & Gravy Roll		\$5.00
Macaroni + Cheese (GF)		\$5.50
Lasagne - Angus Beef		\$6.00
Pasta Bolognaise (Homemade) (GF avail.)		\$5.00
Special Fried Rice (Vegetarian) (GF)		\$5.00
Homemade Pizza Slice - Ham, Pineapple, Onion OR Vegetarian		\$2.50
Wedges		\$4.00
Mixed Cup: 1/2 Wedges with		
3 Chicken Nuggets OR 3 Fish Fingers		\$5.00
Chicken Nuggets (GF avail.)	3 for	\$2.50
Fish Finger	3 for	\$2.50
Vegetarian Spring Rolls	3 for	\$2.50
Hash Brown	3 for	\$2.50
Veg. Dim Sim \$2.00	Chiko Roll	\$3.00
Fish + Wedges \$6.50	With Salad	\$7.50
Sweet Chilli Tenders		\$2.00
Sweet Chilli Sauce OR Sour Cream		\$0.50
Balfours Ham + Cheese Croissant		\$5.00
Balfours Premium Pies Potato or Angus Beef		\$5.20
Balfours Cornish Pasty		\$5.20
Balfours Traditional Pie Plain Beef or Chicken		\$4.50
Balfours Cheese Snagbag		\$5.00
Balfours Vegetarian Pasty		\$4.50
Balfours Large Sausage Roll		\$4.50
Balfours Better Bite Sausage Roll		\$4.00
Balfours Vegetarian Quiche [Spinach + Tomato]		\$5.50
Tomato Sauce		\$0.50

PLEASE NOTE: We cannot heat food or provide
cutlery for meals brought from home

Salads

	small	large
Garden Salad	\$5.00	\$6.50
Chicken Caesar (Tues + Thurs only)		\$6.50
Chicken Salad	\$5.50	\$6.50
Tuna Salad	\$5.50	\$6.50
Ham & Egg Salad		\$6.50

Sandwich Bar

White or Multigrain bread and rolls available
Gluten Free Bread is also available

Ham & Cheese, Cheese & Tomato, Curried Egg,
Egg & Lettuce, Tuna & Lettuce, Cheese &
Gherkin, Beef & Tomato sandwich: \$4.50 roll: \$5.50

Chicken & Avocado, Ham Salad, Ham cheese
& Tomato, Tuna Salad, Chicken, Lettuce &
Mayo, Chicken Salad, Beef Salad, Turkey &
Cranberry, Salad & Dressing
sandwich: \$5.00 roll: \$6.00

Ciabata Sourdough Roll
OR **Focaccia** (any filling) \$6.50

Wrap (any filling) Half \$3.50 / Whole \$6.00

Toasted Sandwiches / Wraps / Focaccia add 50c
i.e. Ham, Cheese, Tomato, Onion, Baby Spinach
Chicken, Mushroom, Carrot

Avocado (where not already included) add 50c

ALL SANDWICH BAR ORDERS: Please advise on order bag
if you want SALT, PEPPER, MARGARINE, MAYO, CAESAR etc.

Cold Foods / Snacks

Sushi (FRIDAY - LUNCH ORDER ONLY - Please state choice on bag)	\$6.00
Tuna OR Avocado OR Cucumber OR Chicken OR Crispy Shrimp	
Fresh Fruit (whole)	\$1.20
Fruit Salad	\$5.00
Yoghurt	\$3.00
Jelly	\$2.00
Red Rock Potato Crisps 28gm	\$2.00
Vege Chips 27gm	\$2.00
M&M Cookies (Homemade) 1 for	\$1.50
Sliced Balfours Cake (Banana or Choc)	\$2.00
Balfours Donut	\$4.00
Balfours Custard Tart	\$4.00
Balfours Muffin (Double Choc, Blueberry)	\$4.00
Better Bite Muffin (Chocolate)	\$2.50
Additional bakery items available from \$1.50	

Vegetarian and Gluten Free
available where indicated
UPON REQUEST

We **cannot guarantee** our items
are **100% nut / allergy free.**

There is **no deep-fried food.**
Nuggets, Wedges, Spring
Rolls etc are OVEN BAKED.