Janugry Mini Chinwag

WHAT'S IN THIS MONTH'S ISSUE:

- Care2Prepare toolkit
- Community Access price changes from Feb 1st



LET'S START 2025 WITH A BANG!

Written by Emma Zaia

Welcome to our latest newsletter! We're excited to keep you updated with all the wonderful happenings in our community.

From upcoming events to helpful links, there's something for everyone. Thanks for being part of our journey—we couldn't do it without you.

Happy reading!

P.S. An extra special welcome to our 30+ new Aged Care clients moving over from CCG.

Help more people find Biala.
Scan or click to leave a review.

Biala
Let us add to your happiness
AGED & DISABILITY SUPPORTS

We invite you to call us on (02) 4943 9741

Visit us at 17 James Street, Charlestown

Or email us at reception@biala.com.au

Don't forget to bring your hat, suncreen and water bottle everyday

What we did in December



NDIS

- The NDIS Christmas party!
- Christmas present wrapping
- Gingerbread houses
- Christmas lights
- Baked dinner
- Christmas shut down
- Bowling
- Beach walks
- Wreath making
- Bauble making
- Nic's birthday party

AGED CARE

- The Aged Care Christmas party!
- Tai Chi
- Club Mac lunch
- Carole singing
- Christmas crafts
- Murrook Cultural centre
- Recipe swap
- BBQ lunch
- Christmas cooking
- Christmas shut down



BIALA HAS SPOTS AVAILABLE RIGHT NOW. SHARE THIS NEWSLETTER WITH A FRIEND & IF THEY JOIN US WE'LL GIVE YOU 1 DAY OF SUPPORTS FOR FREE!

What's on in February



NDIS

- CAMP BREAKAWAY!
- Thanks to everyone who donated to our go fund me Camp Breakaway is going ahead, more details to come.
- Upcycle Crafts
- Murrook Culture Centre
- Newcastle Show
- Lunar Year Lantern making
- Gallery Exhibition
- Library Day
- Bunnings Crafts

AGED CARE

- Shoe box diorama
- Tai chi
- Zen garden making
- Hexham bowling club
- Belmont baths
- Cocktail/mocktail making
- Valentaine's Day
- High tea
- Redhead Beach
- Clay model making
- Cherry road nursery



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News and Updates



NDIS

- We have spare spaces in our Tuesday group program. If you or a friend would like to join us please call Biala on 4943 9741.
- Our prices are changing from Feb 1st 2025. New activity pricing on the calendar will be either $12, $14 or $17 per day, depending on what activity or lunch is being offered on the day.

AGED CARE

- Biala welcomes our 30+ newest Aged Care members, joining us from Charlestown Caring Group.
- My Aged Care is changing from now until July 2027.
- If you currently come to Biala you will still be able to attend as normal.
- If you need more support, call My Aged Care on 1800 200 422



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Spotlight on...



POLICY REVIEW

Our policy in the spotlight this month is our Bus escort policy.

We aim to have a second staff member or volunteer on bus groups when possible.

We recently discussed the pros and cons of seating them at the front or back. Do you have a preference? Let us know!

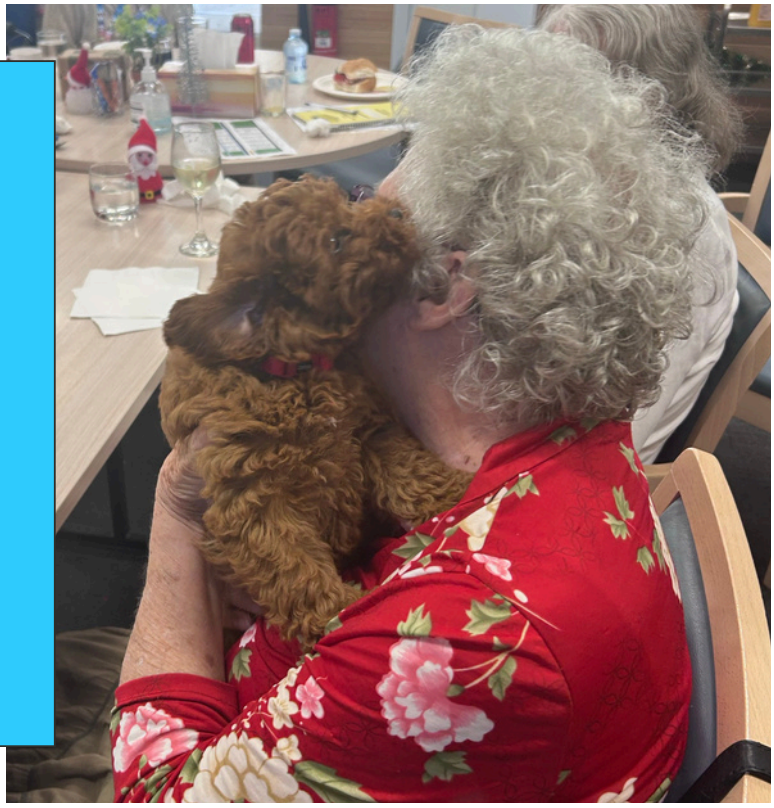
TRUSTED NETWORK

This month we're putting the spotlight on Care2Prepare.

Go to

www.carersnsw.org.au/services-and-support/programs-services/care2prepare

to download your free Household Readiness Toolkit to help you be prepared in an emergency.



BIALA HAS SPOTS AVAILABLE RIGHT NOW.
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January Mini Chinwag

Help more people find Biala.
Scan or click to leave a review.

Here's 3 fun Biala facts for you:

1. We provide free lunch on every support.
2. The average NDIS provider staff turnover is 17-25%. Biala's staff turnover last year was only about 6%. So you know you're getting the same staff for the long term.
3. Our longest running client has been with us for about 20 years.

Call us on 4943 9741 if you know someone looking for a provider that truly adds to your happiness.

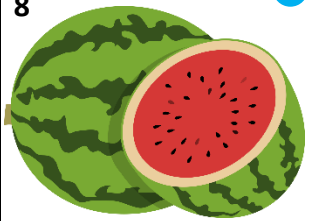
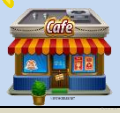
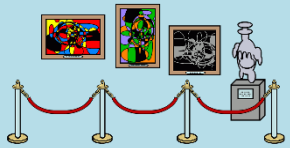


Don't forget to bring your hat, suncreen and water bottle everyday

Biala
disABILITY SUPPORTS
COMMUNITY ACCESS

February 2025



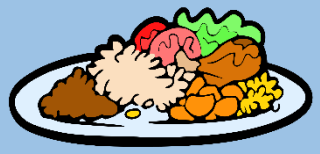
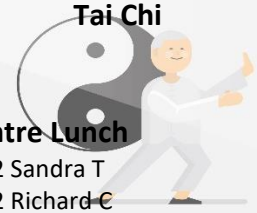
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Please note: • Transportation will be charged at $6 pickup and $6 drop off, if this service is not used there will be no charge. Participants must be at Biala by 9am unless otherwise arranged • Activity transportation cost is included in Activity Fee • Healthy lunch options are provided daily and included in activity price. • Programs are subject to change due to weather or other variables • Please contact Biala asap if you are unable to attend a scheduled program					1 Bowling Raymond Terrace  Gross Motor Skills
3 Newcastle Tram Ride  Healthy Lunch	4 Café 360  Pizza @ Dixon Park 	5 Feel good with Melissa  Healthy Lunch	6 Wollombi outing Lunch 	7 Fishing Fun & Games  BBQ Lunch	8 
10 Lunar Year Lanterns  Chinese Takeaway	11 Café 360  Putt Putt Golf  Dinner @ Kahiba Bowling	12 Bunnings Craft Train Shed Stir Fry	13 Valentine Crafts  Rice Paper Rolls	14 Mandy's Birthday  Valentines Day Club Lunch	15 Bowling Raymond Terrace  Gross Motor Skills
17 Murrook Centre Café Lunch	18 Café 360  Taco Tuesday  Relish/pickles Jars	19 Jason's Birthday  Club Lunch	20 Cardiff RSL Concert Club Lunch	21 Gallery Exhibition  Picnic Lunch	22 
24 Library Day  Fried Rice BBQ	25 Café 360  Crafts  BBQ Dinner	26 Upcycle Craft  Homemade Hamburgers	27 Smoothie Making  Lemon Tree passage BBQ	28 Newcastle Show  Don't forget your spending money.	Activity Pricing Key $12 $14 $17

Biala Services P: 02 4943 9741 | M: 0493 980 195 | W: www.biala.com.au | E: tahnae.burge@biala.com.au

Biala
INSPIRED AGED LIVING
SOCIAL SUPPORT GROUP

February 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Zen Garden Making  Centre Lunch	4 Cherry Road Nursery Toronto workers Lunch $5	5 Fridge Magnet Making  Centre Lunch	6 Speers Point morning tea  Wangi Wangi Club Lunch $5	7 High Tea  Centre Lunch
10 Clay Craft  BBQ Lunch	11 Shoe Box Diorama  Centre lunch	12 Pipe cleaner Crafts  Centre Lunch	13 Carriages Morning Tea  Hexham Bowling Lunch $5	14 Valentines Day Valentines Crafts  Champagne Lunch
17 Redhead Beach Morning Tea  Redhead Bowling Club $5	18 Tai Chi  Centre Lunch 19/2 Sandra T 20/2 Richard C	19 Biala Ice Creamery  BBQ Lunch	20 Morning tea @ Belmont Baths  Belmont Hotel Lunch $5	21 Rock Painting  Centre Lunch
24 Cocktail/Mocktail Day  Centre Lunch	25 Client Activity Choice  BBQ Lunch	26 Blackbutt Morning Tea Op Shopping  Marks Point Sport Club $5 28/2 June C	27 Blacksmiths Beach Morning Tea  Swansea Hotel Lunch $5	28 Ten pin & Bean Bag Games  BBQ Lunch
				CHSP Fees are as follows $12 - $17 per day Capped at 4 days 5th day is free

INSPIRED AGED LIVING
SOCIAL SUPPORT GROUP

February 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4 Teralba Bowls Club Lunch 	5	6 Friendships Activities Physio Program Delicious Lunch	7
10	11 Lake Mac Yacht Club Lunch 	12	13 Friendships Activities Physio Program Delicious Lunch	14 Valentines Day
17	18 Jewells Tavern Lunch $20 	19	20 Friendships Activities Physio Program Delicious Lunch	21
24	25 Souths Mereweather Lunch $20 	26	27 Friendships Activities Physio Program Delicious Lunch	28
				