
CURRENT OUTLOOK

09:00 OPENING | Opening remarks from the Chair

James Fletcher, *Director, Safe & Healthy*

09:10 COMPARE Project: workers compensation in Australia

- Insights from the COMPARE Project, a critical analysis and comparison of workers compensation systems across all Australian jurisdictions
- Latest updates on the National Workers' Compensation Evidence Base and international learnings
- Implications for workers compensation policy and return to work outcomes

Dr Tyler Lane, *Postdoctoral Research Fellow, School of Public Health and Preventive Medicine, Monash University*

09:40 Mental health and work: unlearning, learning and leading by example

- Creating a positive working environment to support disclosure
- Responding to and supporting staff in mental health crisis situations
- Preventing relapse through changes in the work environment

Nicole Fauvrelle, *Chief OHS Officer, Department of Health and Human Services Victoria*

10:00 The interaction of safety and wellness

- The important aspects on Wellness
- A broad approach or a narrow focus?
- How these impact your site statistics

James Fletcher, *Director, Safe & Healthy*

10:30 Networking and refreshment break

INJURY PREVENTION

11:00 Perinatal workplace wellbeing

- Practical strategies that workplaces can implement for new and expecting parents: pre, during and post-parental leave
- Setting up for long-term success and sustainability: stress and fatigue management
- Taking a safety perspective on fathers at work
- Update on the WorkSafe WorkWell Mental Health Improvement Fund 'Perinatal Workplace Wellbeing Program' (PWWP)

Dr Sarah Cotton, *Co-Director, Transitioning Well*

11:30 Future-proofing your business: employee retention and the ageing workforce

- Exploring the links between pre-employment processes, induction training and employee retention
- Understanding the inherent requirements of the role and how this can help place older workers
- What you need to know about making reasonable modifications in the workplace

James Murray, *Founder & Managing Director, Work Healthy Australia*

12:00 Lunch, networking break and exhibition viewing

EARLY INTERVENTION

13:30 Implementing an early intervention approach

- How to implement an early intervention injury management approach to workplace injuries
- Early intervention approach has led to a 93% reduction in claim conversion
- Promoting recovery at work and tangible benefits for workers
- 2018 Victorian WorkSafe Award winner for Leading RTW by an Employer

Danielle Sinclair, *Group WorkCover Manager, Mercy Health*

14:00 What do I care? The role of supervisor support in prevention and management of work-related injuries

- The supervisor's role in striking the right balance between operational expectation and people management
- How much does the supervisor's support of a worker really matter, when it comes to preventing injuries and minimising the impact of injuries when they do occur?
- Strategies to address musculoskeletal injuries, and minimise their impact for both the worker and business

Michael Tew, *Director, AXIS Rehabilitation at Work*

14:30 Low-Intensity Cognitive Behavioural Therapy (Li-CBT) trial in the APS

- Early intervention program suited to individual mild to moderate symptoms of depression and anxiety (every-day stressors)
- The purpose of the trial is to determine if similar positive outcomes can be achieved in the workplace environment, as have previously been achieved in the community setting

*(The individuals are not receiving psychological intervention at the time of the trial. The service offers six sessions (one assessment and five Li-CBT sessions) with a coach, and a four-week follow-up.)

Ngaira Anderson, *Director Mental Health and Research, Comcare*

15:00 Networking and refreshment break

CASE MANAGEMENT

15:30 Improving the claims experience

- How a claim experience impacts an injured worker's ability to return to work
- Strategies for addressing difficult conversations and ongoing consultation with the injured worker
- Compassion and empathy for a successful return to work

Kyriaki Petridis, *WHS & RTW Advisor, Japara*

16:00 Making SENSE of it all: Support*Engage*Nurture*Solutions-focused*Expertise

- Utilising specialists and rehab expertise in a different way to address common claims management challenges
- Engaging the worker, gaining trust and insights and effecting an outcome
- Supporting the treating GP to increase diagnostic accuracy, guide evidence-based treatment and improve capacity certification.

Kylie Gould, *National Account and Marketing Manager, Medilaw Group*

16:30 **CLOSING** | Closing remarks from the Chair

16:40 **END OF DAY ONE** | Networking Drinks

MENTAL HEALTH

09:00 **OPENING | Opening remarks from the Chair**

Alistair Jackson, *National Group Injury Management Advisor, JB Hi-Fi Group*

09:10 **Return to work on a mental injury claim**

- Scheme support services
- Case Study
- The role of the RTW Inspectorate and what RTW Inspectors look for with mental injury claims
- Importance of early RTW planning and overview
- Mental injury claim “Do’s” and “Don’ts”

Lucas Kowalski, *Manager, RTW, WorkSafe Victoria*

Shavaan Khan, *RTW Inspector, WorkSafe Victoria*

10:00 **Addressing underlying factors of psychosocial risk and psychological injury**

David Broadhurst, *Chief Engagement Officer, CodeSafe Solutions*

10:30 **Networking and refreshment break**

RECOVERY

11:00 **CASE STUDY | Work and Cancer**

- Workplace cancer experiences shared with our cancer nurses
- Cancer support services available
- Recommendations for organisations supporting workers
- What we do to support our staff affected by cancer

Kate Seager, *People Services Manager, Cancer Council Victoria*

Katherine Lane, *Head of Cancer Information and Support Services, Cancer Council Victoria*

11:30 **Implementing an effective manual handling solution**

Phillip Mellas, *WHS Manager, St Vincent de Paul Society Victoria*

12:00 **Lunch, networking break and exhibition viewing**

THRIVING AT WORK

13:30 **How does a phoenix rise from the embers of an injured husband’s recovery journey?**

Through the lens of a new migrant in Australia, hear the unique challenges and perspectives in the RTW process including:

- Comprehending the principles of Workplace Health & Safety; Work Cover Claim; Injury Management
- Accessibility to relevant services including mental health and wellbeing, and its impact on work performance
- Nurturing mindsets towards the importance of safety protocols, and health & wellbeing

Manjula Chinni, *OHS Advisor, Xchanging, a DXC Technology company*

14:00 **Connecting the unconnected**

Disconnection can happen for a range of reasons including positional, gender, absence from the workplace, lack of confidence and life's unexpected curve balls. When people are provided with the right environment and encouragement, they can take business operations to another level or discover exciting new areas of growth for your company. Learn how to find the energy in your people and how to give them the right attention.

Kel McAuliffe, *Founder & Managing Director*, **Kel McAuliffe Connections**

14:30 **CASE STUDY | The value of a formally trained and qualified workforce for workers and employers**

- Understanding your company's Employee Value Proposition and the value of transferable qualifications
 - Embedding a collective safety culture through training to achieve and sustain significant reduction in injuries and equipment damage
 - How to avoid the 'tick and flick' approach that can creep into the heavy equipment industry
- Which indicators to use as a measure of success and how to use them to prioritise safety outcomes
Paul McDonough, *RTO Manager*, **Coates Hire Training Services**

15:00 **Networking and refreshment break**

CHANGING WORK ENVIRONMENT

15:30 **Silicosis, the return of an old foe**

- Who is exposed to silica dust?
- What are the effects of silica exposure?
- How much exposure to silica is too much? My reflections on the new exposure limits.
- How can silica dust be controlled?

Associate Professor Deborah Glass, *Deputy Director, Occupational Health and Environmental Sciences*, **Monash University**

16:00 **Tailored programs for thriving workplaces**

- Latest research findings on workplace mental health and wellbeing
- The impact of injury prevention
- Case study of promoting engaging and productive workplaces

Carly Webster, *Strategy & Innovation Manager, Workers Compensation*, **Allianz**

16:30 **Schemes and premiums into the future**

Mark Stipic, *Managing Director*, **Mark Stipic Consulting**

17:00 **CLOSING | Closing Remarks from the Chair**

17:10 **END OF CONFERENCE**

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