CONFERENCE DAY ONE | Thursday 15th October 2020

08:50  OPENING | Dr David Sykes, Director, Centre for Dementia Learning, Dementia Australia

HEARING FROM OUR HEREOS:

09:00  LIVING WITH DEMENTIA | Accessibility to The System: NDIS & Aged Care Scheme and What Went Wrong for Us
Eileen was diagnosed at aged 59 with Alzheimer’s and unable to receive NDIS as the scheme was currently unavailable in her area. Once the NDIS became available, Eileen was then deemed too old to meet the criteria for NDIS and was put onto the Aged Care Scheme, but this provided them with less support. Eileen and Dubhglas will share their experience of navigating the NDIS & the Aged Care Scheme
Eileen Taylor, Person Living with Dementia
Dubhglas Taylor, Carer for Eileen Taylor

DEMENTIA DIAGNOSIS, DETECTION AND DIFFERENCES

09:30  The Latest Discovery into the Complexity of Amyloid’s, Are They a Marker or the Cause of Alzheimer’s?
• The current upheaval in Alzheimer’s research and how the main theory of cause is now much more complicated than originally thought
• Challenging the last 20 years of Alzheimer’s research
• The myths around Amyloid – is this just a marker or a cause
• Clinical Trials and FLOREY’s involvement
• Where do we go from here? What is the cause? What’s next with the research?
Professor Ashley Bush, Director, Melbourne Dementia Research Centre, Professor of Psychiatry and Neuroscience, University of Melbourne, Florey Institute of Neuroscience & Mental Health

10:00  Understanding the 3Ds of Dementia: Dementia, Delirium, Depression to Avoid Misdiagnoses
• Undiagnosed or misdiagnosed? And the major issues this can cause.
• ‘Delirium’ an outcome measure of quality care
• A person living with dementia and the nurses experience of delirium
• Resources, tools and treatments that can help
Anne Moehead, Nurse Practitioner: Psychogeriatrics, Dementia, NNSWLHD

10:30  Networking Break

11:00  PANEL | Timely Diagnoses and Recognising Symptoms to Improve Dementia Care
• How can this be done quickly and efficiently for early detection?
• Can education help with recognising symptoms and how do we educate families?
• What is the new research within this scope?
• Standardising the journey from a memory clinic – how do we overcome this?
TRANSFORMING THE DEMENTIA CARE PRACTICE

11:45  KEYNOTE | It’s Time to Transform Dementia Practice
- What our approach should to be building the dementia capability of the aged care workforce
- How to ensure that education is applied
- Creating dementia practice leaders
Dr David Sykes, Director, Centre for Dementia Learning, Dementia Australia

12:15  PANEL | How Do We Build the Dementia Capability of the Aged Care Workforce?
- What can providers do?
- What can the government do?
- What can the Aged Care Quality Commission do?
- How do we ensure that the improved capability is sustainable and universal?
- What can the workforce do to build upon capacity when it’s not just the responsibility of the government and providers?
Dr Abraham Kuot, Research Fellow & Project Manager for the ‘Harmony in the Bush’ Dementia Study, Flinders University Rural Health South Australia, College of Medicine & Public Health University
Polly Devine, Chief Executive Officer, MOYOLA Aged Care Inc.
Dr Margaret Winbolt, Director, Dementia Training Australia
Professor John Pollaers OAM, Executive Chairman, Leef Independent Living Solutions and Chancellor, Swinburne University of Technology
Moderated by: Dr David Sykes, Director, Centre for Dementia Learning, Dementia Australia

13:00  Lunch and Networking Break

14:00  CASE STUDY | Creating & Improving Person Centred Care in Regional Victoria
- Best practice, person centred care
- The shift from a traditional model of aged care to one that consistently and sustainably supported our vision
- Inclusive and innovate change management approach
- The ‘Birch Pathway’
Polly Devine, Chief Executive Officer, MOYOLA Aged Care Inc.
Garrie O'Toole, Dementia Consultant and Facilitator, Dementia Australia

14:30  FIRESIDE CHAT | How Do We Best Support People in their Own Home?
Given the majority of people living with dementia remain in their own home what do we know about good models of care that offer appropriate levels of support.
- What is the role of reablement?
- How do we best training and support aged care workers?
- How can we improve the built environment of the home?
Is this more cost effective than residential aged care?

Associate Professor Morton Rawlin, Chair, Silver Book Expert Advisory Group; General Practitioner, Macedon Medical Centre; Medical Director, Royal Flying Doctor Service (Vic); Chair, General Practice Mental Health Standards Collaborative; Member, RACGP Victoria Council; Director, Rural Workforce Agency Victoria; Past-Chair, RACGP Victoria Faculty; Founding Chair, RACGP Specific Interests

Professor Dimity Pond, Professor of General Practice, University of Newcastle

Dr Meredith Gresham, Research Fellow CHeBA, UNSW Sydney, Co-Ordinator of the COGNISANCE project

15:15 Networking Break

IMPROVING CARE WITHIN THE COMMUNITY:

15:45 CASE STUDY | The Tyranny of Distance for Memory Clinics in WA
- Provide information on system of delivery of memory clinic services to rural & remote areas.
- Consider challenges of metro memory clinics which concurrently delivers outreach clinics over very long distances – example of Broome
- How technology can help deliver memory clinics.
- Range of memory clinic services in a large sparsely populated state.

Dr PK Loh, Adjunct Assoc Prof, Edith Cowan University

16:15 CASE STUDY | Improving the Care for Aboriginal People Living with Dementia in Kimberley Aged Care Services
- KACS role and experiences and how this works in the community
- Lived stories from people living with dementia, their carers/family on country
- Revisiting the Community Care Workers and what they do on the ground in their Communities
- How the Community Care Workers partner with Alzheimer's WA / Dementia Support Australia and Clinics Allied Health

Gregg JJ Murray, Remote Care Coordinator, Kimberley Aged Care Services, Kimberley Aged and Community Services, WA Country Health Services

17:00 CLOSING | Closing Remarks from the Chair
Dr David Sykes, Director, Centre for Dementia Learning, Dementia Australia

17:05 Networking Drinks
08:50  Opening Remarks from the Chairs
Paul Yates, Deputy Director of Aged Care Research, Austin Health
Yen Ying Lim, Head of the Cognitive Health and Ageing Outcomes Laboratory, The Florey Institute of Neuroscience and Mental Health and Primary Investigator, The Healthy Brain Project

IMPROVING CARE WITHIN THE COMMUNITY:

09:00  Extending the Corporate Impact on High-Functioning Dementia Diagnosees through PALZ – Professionals with Alzheimer’s and Related Diseases
- Social, intellectual, and environmental stimulation for dementia diagnosees through high-powered Board room presentations – who benefits? (Cathy Roth)
- The impacts on diagnosees (John Roth)
- From pilot to international: Taking PALZ to communities – the Why and How? (Cathy Roth)
- You can play a significant role!
- What’s next for PALZ?

Dr John Roth
Cathy Roth OAM, National Chairman, PALZ – Professionals Living with Alzheimer’s and related diseases

09:40  KEYNOTE | The Holistic Care Planning Approach: Supporting those Living with Dementia, Families/Carer through Assisted Technology
- Holistic Care Planning: clinical, functional health – all individually important
- Care givers and care giver stress and strategies for carer inclusion
- Improving support for people with dementia and their carers in various settings
- The challenge around workforce planning and the provision around homecare and the issues are interfaces
- The role of the carers and the aged care workforce

Professor John Pollaers OAM, Executive Chairman, Leef Independent Living Solutions and Chancellor, Swinburne University of Technology

LATEST RESEARCH: THE WAY WE WALK & THE WAY WE TALK

10:15  RESEARCH | Is it in The Way That We Walk – What Can Walking Tell Us About Dementia?
Walking is usually taken for granted as a simple and automatic daily function. However, this presentation will outline:
- How walking is dependent on several brain networks functioning effectively together
- Specific walking characteristics as biomarkers of cognitive decline
- Implementing dual-task gait assessments into a memory clinic

Associate Professor Michele Callisaya, NHMRC Boosting Dementia Leadership Fellow, Monash University

10:50  Networking Break

11:20  INTERNATIONAL KEYNOTE | How Language Analysis Can Help in the Early Recognition of Alzheimer’s Disease

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• How we can detect Alzheimer’s disease earlier the diagnostic marker of language and the reliability behind this
• How this can provide a window into the pre-symptomatic phase unlike any other marker
Professor Peter Garrard, Neurologist, St George’s, University of London

12:00 Delirium: Is Poor Oral Health the Smoking Gun?
• Providing a better understanding of the important role that oral health plays in those living with dementia
• Working with medical practitioners and geriatricians to improve knowledge and education
• The direct link between dental infections, delirium, falls and premature death
Dr Peter Foltyn, Conjoint Senior Lecturer UNSW, CSU, St Vincent’s Hospital Dental Department

THE RESPONSE TO THE ROYAL COMMISSION: IMPLEMENTING THE RIGHT CHANGE

12:35 FIRESIDE CHAT | Deprescribing – What is the Place of Psychotropics in Dementia Care: An Interdisciplinary Approach?
• How do we select the right drug to deprescribe?
• Creating person centred care and creating a smooth interdisciplinary journey
• The role of the Royal Commission and what we have learnt. What’s next? What needs to be done? How can we do this best?
• Does the workforce have the specific knowledge to dealing with behavioural problems? How can we work together to improve this?
Dr Harry Nespolon, GP, President, RACGP
Nicole Ledger, Nurse Unit Manager, Acute Geriatric Ward, Shoalhaven Hospital
Sharonne Pearce, Dementia and Mental Health Practice Lead, Scalabrini Village LTD.
Moderated By: Dr Juanita Breen PhD MSc(Dist) BPharm GradDipComPracPharm, Senior Lecturer, Wicking Dementia Research & Education Centre, University of Tasmania

13:10 Lunch and Networking Break

IMPLEMENTING UNITS OF EXCELLENCE IN OUR ORGANISATIONS

14:10 CASE STUDY | Creating A Unit of Excellence and Optimum Patient Care in Shoalhaven Hospital
• The brief: from a medical unit to an acute geriatric ward
• Challenging behaviours. Younger Onset Dementia and significant behavioural changes
• Working with the environment and creating dementia friendly space that is about the patient
• Integrating care into the community
• The Royal Commission and forming partnerships with the facilities outside of the ward
Nicole Ledger, Nurse Unit Manager, Acute Geriatric Ward, Shoalhaven Hospital

14:40 CASE STUDY | Leading the Way to Excellence in Palliative and Dementia Care: Dementia Australia’s Nightingale Programme
• Assessing the person living with dementia’s needs and the specialising in understanding the progression of symptoms. Understand the different symptoms of dementia.
• How to support the GP, staff and the family of those living with dementia. A consultative approach in future directions and prognosis.
• Recognising the key indicators, when to implement a palliative plan.
• What happens when there isn’t palliative care
• Can and should the medication be changed?
• Applying concepts, mentoring best practice care

Ms Alison Davis, Clinical Nurse Consultant, Nightingale Program
Mrs Jayne Littledike, Clinical Nurse Consultant, Nightingale Program

15:10 Networking Break

THE FUTURE OF DEMENTIA: NONPHARMACOLOGICAL & TECHNOLOGY

15:40 CASE STUDY | Harmony in the Bush: Exploring a Personalised Model of Care for People Living with Dementia in Rural Residential Aged Care Facilities - A Nonpharmacological Approach

- Replacing Pharmacologic with a Nonpharmacologic agenda
- Harms associated with pharmacologic interventions
- Trends in the use of different interventions
- Implications for the healthcare system

Dr Abraham Kuot, Research Fellow & Project Manager for the ‘Harmony in the Bush’ Dementia Study, Flinders University Rural Health South Australia, College of Medicine & Public Health University, Flinders University

16:10 PANEL | The Use of Technology and Improving Lives of People Living with Dementia

- When does more choice become more confusing?
- Smart Homes and the IoT
- Staying at home for longer through assistive technologies
- Technology for engagement
- Adoption and the journey towards integrating assistive technology
- The effects on the carers and family
- Accepting the technology and learning how to integrate this effectively with all stakeholders involved

Professor John Pollaers OAM, Executive Chairman, Leef Independent Living Solutions and Chancellor, Swinburne University of Technology
Professor Rajesh Vasa, Head of Translational Research, Applied Artificial Intelligence Institute, Deakin University
Dr PK Loh, Adjunct Assoc Prof, Edith Cowan University
Scott Taylor, CEO & Co-Founder, Perx Health

Moderated By: Yen Ying Lim, Head of the Cognitive Health and Ageing Outcomes Laboratory, The Florey Institute of Neuroscience and Mental Health and Primary Investigator, The Healthy Brain Project

16:50 CLOSING | Closing Remarks from the Chair
Pre-Conference Workshop | Wednesday 14th October 2020

2pm-5pm | Ensuring Appropriate Use of Psychotropics in Dementia Care

Dr Juanita Breen from the University of Tasmania and Dr Janet Sluggett from Monash University, pharmacists who have testified at the Aged Care Royal Commission public hearings, are pleased to be hosting an interactive workshop on what it actually means to deprescribe and how to ensure appropriate medicines use to support best possible outcomes for people living with dementia.

Key aspects:
- Highlighting recent research that is relevant for dementia care and exploring strategies to support person-centred care among people living with dementia
- Discussing the broader scope of psychotropic use, and summarising both the evidence for use and risks associated with use of these medicines
- Understanding why psychotropic medicines are prescribed for older people, especially those living with dementia
- Identifying and addressing the barriers and enablers for quality use of psychotropic medicines
- Exploring the use of psychotropic medicines in the community (home) setting, particularly prior to entering a residential aged care facility, and examining use after entry to residential aged care
- Exploring the appropriate use of psychotropics, strategies to support best possible use of these medicines and identifying situations when pharmacotherapy may no longer be appropriate
- Discussing the Royal Commission into Aged Care Quality and Safety, the information that we presented and implications for appropriate medicines use among people living with dementia

Dr Juanita Breen PhD MSc(Dist) BPharm GradDipComPracPharm, Senior Lecturer, Wicking Dementia Research & Education Centre, University of Tasmania

Dr Janet Sluggett BPharm(Hons), GDipClinEpid, PhD, CertiVTAE, FSHP, AACPA, Senior Research Fellow, School of Health Sciences, University of South Australia

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