RESPECT
THE ENVIRONMENT

RIDING YOUR MOUNTAIN BIKE IS AS MUCH ABOUT RESPECT AS ANYTHING ELSE.

→ RIDE ONLY ON TRAILS OPEN TO MOUNTAIN BIKING
→ EXPERIENCED RIDERS STAY ON THE TRAIL
→ STAY OFF MUDDY TRAILS AFTER RAIN
→ PACK OUT WHAT YOU CARRY IN
→ ENVIRONMENTAL PROTECTION OF ALL LIVING THINGS
→ CONTACT YOUR LOCAL CLUB TO HELP WITH TRAIL WORK
→ TRAILS ARE DAMAGED WHEN YOU SKID

MOUNTAIN BIKE AUSTRALIA
RESPECT YOURSELF

RIDING YOUR MOUNTAIN BIKE IS AS MUCH ABOUT RESPECT AS ANYTHING ELSE.

→ RIDE WITHIN YOUR ABILITY
→ EXPECT FORESEEABLE RISKS
→ STAY HYDRATED
→ PLAN YOUR RIDE
→ ENJOY YOUR RIDE WITH MATES
→ CARRY TOOLS AND SPARES
→ TAKE A MOBILE PHONE

MTBA
MOUNTAIN BIKE AUSTRALIA
RESPECT OTHERS

RIDING YOUR MOUNTAIN BIKE IS AS MUCH ABOUT RESPECT AS ANYTHING ELSE.

- RESPECT OTHER VISITORS TO THE FOREST
- EXPECT SOMEONE MAY BE AROUND THE NEXT CORNER
- SLOW TO APPROACH OTHERS
- PASS OTHERS WITH CARE
- EVERYONE WANTS TO ENJOY THE TRAILS
- CONTROL YOUR SPEED
- RIDE WHEN THE TRAILS ARE NOT BUSY

MTBA
MOUNTAIN BIKE AUSTRALIA