At Goodwood Primary School

Student wellbeing is a basic right.

Bullying is wrong. It is not wanted, not asked for and has no place in our school.

We all have the right to work, learn and play in a safe and secure environment.

Therefore:
We all have the responsibility to ensure that this happens.

We all have the right to be treated as worthwhile individuals.

Therefore:
We all have the responsibility to treat others with respect.

We must understand and use the Grievance Procedure.

Preventative Strategies at Goodwood include:

- explicit teaching of our school values, Fairness, Achievement, Respect.
- Explicit teaching of the mandated Child Protection Curriculum (includes power in relationships and bullying)
- specific curriculum about bullying and the role of a bystander, conflict resolution.
- teaching about Grievance Procedures
- social Skills Programs
- Buddy Class program
- Safe Buddies
- Program Achieve-Keys to Success
- Christian Pastoral Support Worker
- Student Voice-class meetings and Upper Primary school leaders
- biannual student yard surveys
- Restorative Practices are used taught and used when problems occur.

WHERE ELSE CAN YOU GET HELP?
Phone: Kids Help Line  Free call: 1800 55 1800
Police 131 444  or Emergency 000

Useful websites:
http://www.headroom.net.au
http://www.kids.cyh.com
http://www.bullyingnoway.com.au
http://www.cybersmart.gov.au

Everyone at our school has the right to be safe, happy and free from bullying and harassment.

Student Wellbeing
Stop Bullying & Harassment
Bullying means repeatedly and deliberately trying to hurt, embarrass or upset another person. This can cause emotional, social and physical stress.

Steps to take to stop bullying and harassment:

1. **PROBLEM SOLVE**
   Try to solve it yourself. ‘Step up,’ tell them to cut it out and walk away confidently. You could ignore it, walk away, tell the person/people to stop.

   **If the bullying and harassment stops, good. Otherwise go to step 2.**

2. **GET SUPPORT**
   Solve it with a friend or a Safe Buddy. Ask them for ideas and support to talk with the person/people.

   **If the bullying and harassment stops, good. Otherwise go to step 3.**

3. **REPORT**
   Report it to a teacher – your class teacher, yard duty teacher, Deputy Principal or Principal.
   
   Your parents/caregivers may be involved.

   **Don’t stay quiet about bullying and harassment.**

   **Persist until it stops.**

A Bystander is a witness to bullying and harassment. Bystanders can stop bullying and harassment. If you see someone being bullied or harassed, you must do something positive to help, such as:

- tell the bully to stop (if it is safe to do so)
- support the bullied person
- tell a Safe Buddy
- tell a teacher or a parent.

If you know someone is being bullied, report it to your class teacher, yard duty teacher, Principal or Deputy Principal.

If you do nothing, you are part of the problem.

**What it LOOKS LIKE:**
- kicking
- social media threats
- teasing
- spreading rumours
- forming groups against someone
- rude gestures

**What it SOUNDS LIKE:**
- disrespectful language
- being laughed at
- put downs

**What it FEELS LIKE:**
- lonely
- embarrassed
- upset
- guilty
- angry
- unsafe
- depressed
- sad
- alone
- worried
- you don’t belong
- distressed
- hurt
- humiliated