

# NPS SPORTS DAY

**THIS FRIDAY**  
**15TH SEPTEMBER**

at Nailsworth Primary School



## NPS Sports Day

**NPS Sports Day is now to be held at the school this Friday, 15th September 2017**

Unfortunately the weather forecast for this Friday has predicted showers which has meant a change in location for our much anticipated school Sports Day. Broadview Oval is a wonderful location but offers no shelter from the weather's elements. We currently have both students and staff sick so to have everyone out braving the cold, wind and rain without shelter is not a safe decision. By holding the Sports Day at school means that everyone is able to go indoors should the weather be unpleasant.

Sports Day at the school will very much proceed as was planned but with modifications. Please note the following:

- **Students are encouraged to dress in their team's colour and in sports clothing and shoes.**
- **Students arrive from 8:30am and they will go to their classrooms on the 8:45am bell.**
- **Students will undertake the planned sports activities as a class group after the recess play break.**
- **Subway lunch will still occur and will be delivered to classrooms. If a student has not ordered Subway they will need to bring lunch from home.**
- **The canteen will be open for purchasing over the counter snacks only. NO lunch orders.**
- **The day will conclude at 3:05pm.**
- **Late arrivals and early dismissals will occur as per normal procedures via the Front Office.**

### The Sports Day timetable will be:

- 8:30 – 8:45am Arrive at school
- 8:45am Organisation time in classrooms including marking the roll
- 8:55am Move into team locations on the asphalt
- 9:00am Team health hustles to warm up for the day's events
- 9:15am Sprint heats Yr 3 - 7 followed by sprints F – Yr 2
- 10:00am Team chants and Sprint finals Yr 3 - 7
- **10:35am RECESS**
- 11:10am Sports activities in class groups
- **12:25 - 12:45pm LUNCH eating (pre-ordered Subway or from home) and play**
- **12:45 - 1:15pm LUNCH play**
- 1:20pm Sports activities in class groups continue
- 2:20pm Return to the sprint track for a team health hustle challenge, community sprints, Staff vs Year 7 tug of war
- 2:45pm House Shield and Team Spirit presentations
- 3:05pm Dismissal from classrooms



We apologise for the change in location but very much believe that the newly planned day will be every bit as exciting. We encourage family to attend and to enjoy the students' enthusiasm for the day's activities.

We wish every team success as they strive for the 2017 House and Team Spirit Shields.

Go **Balfour** **Emilie**, **Horrocks** and **Thomas** !!

## Diary Dates

**Thursday 14th September**

PFA meeting, 8:45am

Festival of Music Performance  
7:30pm

**Friday 15th September**

Sports Day at NPS

**Monday 18th September**

Governing Council meeting,  
7:30pm

**Friday 22nd September**

School Assembly host is  
Room 11

**Wednesday 27 – 29th September**

Rooms 8 & 9 Camp

**Friday 29th September**

**Term 3 ends and dismissal is 2.05pm**



## Student Wellbeing at NPS

At Nailsworth Primary we have, and always will, put the needs of our students first in all areas of their learning. As times, the needs in our society change and we too as a school have to evolve. Our students are living in a world of technological and environmental influences, along with the other 21st century pressures of growing up.

More and more research promotes the importance of laying a strong foundation in positive mental and emotional health for people of all ages. We want our students to have a strong sense of self, work well with others, be confident and have emotional and academic resilience. Being able to deal with new and challenging situations at school and at home, and putting things into perspective, are lifelong skills that are fundamental to a person's positive wellbeing and mental health.

### What is Mental Health?

Mental health includes our emotional, psychological, and social wellbeing. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices. Mental health is important at every stage of life, from childhood and adolescence through to adulthood.

**Nailsworth Primary School is excited to announce that we are making Student Wellbeing a whole-school and community priority.**

We would like to let you all know about 2 new and valuable initiatives and programs that we are introducing.

### KidsMatter

*KidsMatter* is an Australian mental health and wellbeing framework that is set in primary schools and early childhood education services. As we implement *KidsMatter* at Nailsworth we will be focussing on:

- *Creating and promoting a positive school community*
- *Teaching children skills for good social and emotional development*
- *Working together with families*
- *Supporting students who may be experiencing mental health difficulties*



### You Can Do It! Education

Social and emotional learning is about learning how to manage feelings, manage friendships and solve problems.

These are essential life skills that support wellbeing and positive mental health. Social and emotional skills promote children's ability to cope with difficulties and help to prevent mental health problems. Children who have developed social and emotional skills find it easier to manage themselves, relate to others, resolve conflict, and feel positive about themselves and the world around them.



*You Can Do It! Education* is a Social and Emotional Learning Program. It uses character puppets, games, role-plays and discussions in a fun way. All classes at Nailsworth will be using this program to explicitly teach these five foundations and skills:

- *Getting Along* • *Organisation* • *Confidence* • *Persistence* • *Resilience*

Newsletters will be one of the main ways we will communicate which areas we are focussing on each term. We will introduce you to the characters and provide you with tips to help promote positive behaviour at home. We are very excited to share this journey with you and to work together to promote student wellbeing.

**Marika Glouftsis, Student Wellbeing Coordinator**  
[Marika.Glouftsis569@schools.sa.edu.au](mailto:Marika.Glouftsis569@schools.sa.edu.au)



## Entertainment Books

Entertainment Books are still available from the Finance Office for \$70 each or the digital version is available through this link: <https://www.entbook.com.au/161a420>.

We have just 2 left so please order your copy today.

**Mary Dunton, Business Manager**  
[Mary.Dunton949@schools.sa.edu.au](mailto:Mary.Dunton949@schools.sa.edu.au)



**The Uniform Shop  
is open 8:30-9:30am  
Monday to Friday**

Someone will be able to assist you  
with your uniform purchases  
every day.



## Community Notices

The school's two notice boards are located on the Front Office verandah and under the shelter by the volleyball court. This week the following notices are displayed:

- **Arrowsmith Program information sessions on 14/9, 15/9 and 16/9 at various times. The program aids students who are dyslexic, ADHD or have auditory processing difficulties. Free sessions. Book via Eventbrite.com.au**
- **Amazing Drumming Monkeys performance at the Prospect Town Hall, 10th October at 11am. Phone enquiries: 8269 5355**
- **Why not consider hosting an overseas student from France, Italy or Spain for 11 weeks. Website: [icm-education.com](http://icm-education.com)**
- **'Motivate Kids' at 81 Prospect Road, Prospect is offering a complimentary phone consult on 7200 2431. They offer assistance for children struggling with social, emotional and academic issues.**



## SRC Update

### School Fundraiser

The SRC would like to thank everyone who participated in Hutt Street's 'Walk a Mile in my Boots'. As a school we raised \$531.70 which will go to support Hutt St Centre's endeavours in supporting the homeless in South Australia. The Hutt Street Centre has sent Nailsworth Primary School a Thank You Certificate which is located in the Front Office. They were overwhelmed by our donation and the awareness raised throughout the month.

THANK YOU!

### Disco News

Planning for this year's disco has begun. Samuel M and Jude F from Room 6 will be hosting a pre-disco performance in the hope of a possible DJ role at this year's disco. They will undertake a trial during a lunch period in Week 9 of this term for the F-Year 3 students and Year 3 – 7 students.

**Louise Iannucci, SRC Coordinator**  
[Louise.Iannucci588@schools.sa.edu.au](mailto:Louise.Iannucci588@schools.sa.edu.au)



## Music and Drama News

### Festival of Music 2017

This Thursday, our Senior Choir will take to the stage at the Adelaide Entertainment Centre to perform at the Festival of Music. They have worked hard and endured long rehearsals to prepare themselves. Special congratulations to Jemma and Chloe in Room 7A and Daniel in Room 9 who will be performing with the Festival Orchestra for the first time! This is a special honour for them and for us at Nailsworth as we have not had students in the orchestra before. They will be attending multiple rehearsals this week and on the weekend. Their final performance will be on Sunday afternoon.

Chloe is also in the choir which means she has double rehearsals on Thursday and back to back performances on Thursday and Friday evening! Unfortunately these students will have to miss Sports Day this year. We wish them all of the best for the exciting week ahead.

### Performing Arts Showcase 2017

The Performing Arts Showcase for 2017 will be held on **Thursday 16th November** starting at 6:30pm. Students in our school bands, choirs and Drama Club will showcase what they have been working on this past year. There will also be a few items from selected classes, showcasing some of the work happening in Music and Drama lessons. Keep an eye out for more information if your child/ren are involved.

**Judy Hanel, Music and Drama Teacher**  
[Judy.Hanel823@schools.sa.edu.au](mailto:Judy.Hanel823@schools.sa.edu.au)



## Mini League Footy

On Sunday 26th August a group of Year 5-7 students played a game of footy at Prospect Oval during the half time break of the SANFL match between North Adelaide vs Port Adelaide.

Over two weeks the children trained after school on Thursdays and showed great initiative. They were also very excited to have a tour of the NAFC facilities and played with great enthusiasm on the day.

We would also like to thank all the parents who helped on the day.

Congratulations to the children who participated: **Charlotte H, Holly N, Lottie P, Siena H-L, Molly L, Matthew K, Ethan D, Daniel S, Hannah M, Max D, Laksha S, Khalid A and Harrison S.**

**Tony Crampsas, Year 7 Teacher**  
[Tony.Crampsas608@schools.sa.edu.au](mailto:Tony.Crampsas608@schools.sa.edu.au)



## NPS 2018 Soccer Delegate Needed

2018 will be my final year as a Soccer Delegate for NPS. I would like to show 'the ropes' to someone next year. The new delegate will take on the role as the 2018 NPS Soccer Delegate with me, in the background, guiding them.

If interested in this rewarding role, please send me an email: [secretary@nwjsa.org.au](mailto:secretary@nwjsa.org.au)

Thank you.

**Kathy Guerrero, NPS Soccer Delegate**



## District Athletics Day

**Congratulations to the following students who represented Nailsworth Primary at the North Adelaide SAPSASA District Athletics Day on Tuesday 29th August at Santos Stadium. The students competed against ten other schools in our district to try and gain selection to represent North Adelaide at the State Day Carnival on Tuesday 26th September.**

Zara F	Riley T
Lewis F	Seb S
Grace J	Max T
Aleksander B	Erin s
Lachlan G	Oliver B
Riley M	Jinisha M
Tehya W	Angus H
Claire G	Piper C
Noah S	Isaac F
Henry T	Mia R
Abigail S	Thomas S
Hannah M	Olivia P
Hudson C	Lily B
Lottie P	Ava S
Arkie T	Indi D
Claudia E	Khoi H
Anshu P	Phoenix T
Ethan D	Tyrie M
Alexis B	



(Above: These four students will be competing at the State Day Carnival at Santos Stadium on Tuesday 26th September against other district winners. We wish them all the best!)



### Well done to the following students who came second or third in their event:

Lachlan G	10yr 100m 2nd, discus 3rd, high jump 3rd
Hannah M	11yr long jump 2nd, shot put 3rd
Henry T	11yr discus 2nd, shot put 3rd
Oliver B	12yr 100m 2nd, high jump 2nd
Claudia E	13yr 200m 2nd, 100m 3rd
Max T	13yr long jump 3rd, shot put 3rd
Ava S	10yr 100m 3rd
Arkie T	12yr 100m 3rd
Lily B	10yr high jump 2nd
Claire G	11yr 800m 3rd
Piper C	10yr 200m 3rd
Grace J	11yr 200m 3rd
Aleksander B	12yr 200m 2nd
Indi D	11yr long jump 2nd



### A special mention goes to the following students for winning their event:

Mia R	10yr discus
Oliver B	12yr shot put
Aleksander B	12yr long jump
Max T	13yr discus



George Koulianos, PE Teacher

George.Koulianos332@schools.sa.edu.au