



Growing with Gratitude Program



## Principal's Report

### Term 2 Pupil Free Days

The Governing Council has approved the Pupil Free Days and a School Closure for the remainder of the year.

#### Term 2:

**Monday 21st May** STEM Professional Development

**Tentatively Friday 22nd June** (This day is being used to relocate classrooms after the plant upgrade, therefore the date cannot be confirmed until the work is closer to completion)

#### Term 3:

**Monday 20th August** Partnership Professional Development

**Friday 7th September** School Closure, Adelaide Royal Show

The second day in Term 2 is not able to be confirmed until we have a definite completion date for the plant upgrade. It is expected to be Friday 22nd June or around this date. As we have 9 classrooms plus 2 support areas to relocate once the project is complete we are using a day to shift classrooms back to their intended rooms.

### Governing Council AGM

The AGM of the Governing Council was held on Monday night and as a result the composition of the council was determined. It was great to see a number of interested parents together with parents on new families to NPS attend this meeting.

We welcome, **Leah Grantham** to the position of **Chairperson**. Other office bearers are: **Vice Chairperson - Jessica Fazackerley, Secretary - Karina Tarrant and Treasurer - Darren Searson.**

We also thank the following parents for their willingness to be a parent representative on the 2018 Governing Council: **Malcom Chia, Cathy Chesson, Susan Farrell, Craig Godden, Emily Larson, Lisa Luyten, Luke Montgomery, Gavin Puddy, Danielle Rypstra and Jenny Wardrop.**

The remaining Governing Council members are:

**Allen Harris** who is the Prospect City Council representative and staff representatives **Toni Ballard** and **Marika Glouftsis.**

We particularly acknowledge the commitment of the 2017 Chairpersons in **Jessica Fazackerley** and **Luke Montgomery.**

The position of the PFA rep on council will be determined at this coming Friday meeting of the PFA.

### 2017 Annual Report & 2018 Improvement Plan

At the AGM, the school's 2017 Annual Report was presented. This report reflects on the school's 2017 achievements and provides direction for future improvement priorities. For those who are interested in reading the report it is available on the school's website. It can be found on the School Information Tab / Planning and Reporting/ 2017 Annual Report. In this part of the website you can also find the school's 2018 Improvement Plan. This plan outlines where we are focussing and looking to improve aspects of our teaching and learning programme. In 2018 this plan includes a focus on student writing using Brightpath as an assessment tool, implementation of the NPS Reading Expectations and a continued focus on Numeracy, including designing of a problematised Maths concept with partnership colleagues. We are also looking to the school's new Assistant Principal, Ryan Westell, to lead staff in implementation of STEM teaching and learning. Our last consideration is the Social and Emotional Learning of our students using the Kids Matter Framework and You Can Do It teaching materials. Hopefully you have already heard about the Emotional Thermometer, the Catastrophe scale, Conni Confidence or Oscar Organisation which are all part of this learning. Marika Glouftsis is the lead teacher in this aspect of the plan.

### Parent Teacher Interviews

Parent teacher interviews are a great opportunity for parents and teachers to come together to share information about a child. These interviews are being held this week. If you did not book by the closing date of last Friday but want to meet with the teacher you are asked to contact your child's teacher directly.

**Sharron Ward, NPS Principal**  
**Sharron.Ward616@schools.sa.edu.au**

## Diary Dates

### Friday 23rd March

Assembly host Greek students  
PFA AGM 8:45am

### Wednesday 28th March

School tour, 9am

### Friday 30th March

**Good Friday**  
**Public Holiday**



### Monday 2nd April

**Easter Monday**  
**Public Holiday**

### Friday 13th April

Last day of Term 1

### Monday 30th April

First day of Term 2

### Upcoming Pupil Free (PF) / School Closure (SC) Days:

#### Term 2:

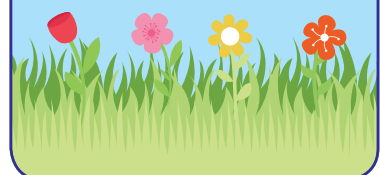
**Monday 21st May (PF)**

**Friday 22nd June - TBC (PF)**

#### Term 3:

**Monday 20th August (PF)**

**Friday 7th September (SC)**



## Plant Upgrade

The plant upgrade in the main building is ongoing. This upgrade is in two stages, firstly upgrading the down stairs section then secondly the upstairs section. At the end of the term it is expected that Stage 1 will be complete and we then move into Stage 2. To add an extra complication, painting and new carpet also needs to be completed in these classrooms.

In order to minimise disruption we will be leaving Rooms 2,3,4 and 5 in their current locations and shifting Rooms 7,7A, 8 and 9 to the downstairs classrooms. By Week 8 Term 2 it is expected that Stage 2 will be complete and we will then undertake a big shift back to intended classrooms.

**Sharron Ward, NPS Principal**  
[Sharron.Ward616@schools.sa.edu.au](mailto:Sharron.Ward616@schools.sa.edu.au)

## Enrolments 2019



If you have not already provided us with your child's details, please contact the Front Office.

Students turning 5 after 30th April, 2019 will commence in January 2020.

**Anita Annicchiarico, Front Office**  
[Anita.Annicchiarico505@schools.sa.edu.au](mailto:Anita.Annicchiarico505@schools.sa.edu.au)

## Parents and Friends News

**The Nailsworth Primary School PFA will hold its AGM on Friday March 23rd at 8.45am in the Staff room.** Future meetings may not be held on Fridays.

This is the first meeting of 2018 and an opportunity for people to nominate for all positions. Positions include Chairperson, Vice Chairperson, Secretary and Treasurer plus general members. Discussion around what each position entails will be part of the AGM. These positions must be filled to have a PFA at Nailsworth in 2018.

In order to be a volunteer at Nailsworth Primary School you will

need to complete and sign a **Volunteer Application Form and Declaration** which can be obtained from the Front Office if required. This form, once completed will need to be returned to the school and you will be notified of the next steps required.

Everyone is cordially invited to attend. The PFA welcomes new members and their ideas.

Hope to see you there!

Regards,

**Nailsworth PFA**



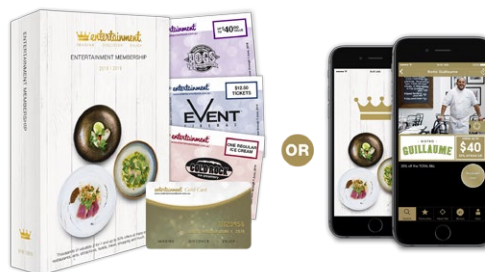
## Entertainment Books

Entertainment Books will be available early next term. The cost is \$70 including GST and provides good value for money. Payments can be made on our website or in person at the Finance Office.

To order your Entertainment Book or Digital Membership online please visit:  
<http://www.entbook.com.au/161a420>

**Pre-purchase before 14th April to receive Early Bird Bonus Offers you can use straight away.**

Every Entertainment Book sold contributes to our fundraising. Please tell your family and friends. Thank you for your support.



**OPEN**

**The Uniform Shop is open 8:30-9:30am Monday to Friday**

Someone will be able to assist you with your uniform purchases every day.



## Music and Drama News

### Choirs

If your child is in a choir or band but you have not received an email from me, please send me an email at [Judy.Hanel823@schools.sa.edu.au](mailto:Judy.Hanel823@schools.sa.edu.au) as I have either got your email address incorrect or have not received a registration form. This week at choir I will confirm my final choir numbers for Junior and Senior Choirs and send out another email.

### Senior Choir Performance at Assembly

The Senior Choir will be performing at assembly this week (Friday 23/3 at 8:55am) so if you are available and would like to come and listen, please feel welcome to sit in.

### Festival of Music Performing Opportunities

Any students interested in being a Host, Soloist, Assisting Artist or a member of the Dance Troupe need to visit the website [www.festivalofmusic.org.au](http://www.festivalofmusic.org.au) for the most updated information on workshops and audition dates.

**Judy Hanel, Music and Drama Teacher**  
[Judy.Hanel823@schools.sa.edu.au](mailto:Judy.Hanel823@schools.sa.edu.au)



## Community Notices



The school's two notice boards are located on the Front Office verandah and under the shelter by the volleyball court. This week the following notices are displayed:

- **Underage Club Experience 'BLISS' on 13th April for 10 – 13 year olds at the Prospect Town Hall.** Phone 8269 5355 for details.
- **NPS's Pastoral Care Worker position is currently being advertised for 9 hours a week, commencing in Term 2, 2018. Closing date is 26th March.** Phone SMG 8378 6800 for details.

## Growing with Gratitude Program

On Thursday 15th March, the Adelaide Football Club visited our school to present Part 2 of the Growing with Gratitude Program, Positive Reflection, to our F-7 students. The program is to help children develop emotional and physical wellbeing, build resilience and promote positive thoughts and behavioural habits.

By using brain scans, a number of scientists have shown that reflecting on the positive things, rather than dwelling on negative things, can actually have a big effect on how our brain works. Their studies showed that when people spent time reflecting or mediating on a positive experience, their brains started opening new pathways and re-wiring themselves.

Regular positive reflection can physically change the way our brain works and over time can lower stress levels, help us sleep better and improve our mental health. The Positive Reflection program is based on five positive places:

1. Home life
2. Fabulous friend
3. School is cool
4. Super sport
5. Dare to dream



The five positive places are simple concepts that when practiced regularly can help the brain think more positively and also help develop life skills needed for a positive and successful life, which are: empathy, optimism, growth mindset, resilience and happiness.

The students in F -I classes participated in a footy clinic after the whole school presentation. All the students received an activity book, stickers and posters and the school received a Crows autographed football, which was very much appreciated.

All the students were focused, engaged and thoroughly enjoyed the presentation and hopefully learnt how to be more positive and happier in life.

**George Koulianos, PE Coordinator/Teacher**  
[George.Koulianos332@schools.sa.edu.au](mailto:George.Koulianos332@schools.sa.edu.au)

(See images on page 1)

## SAPSASA Cricket

On Monday 19th March our Year 6 -7 boys participated in the SAPSASA Cricket Knockout Cup. The NPS team played the team from St Francis of Assisi in a Round 2 match and the team was triumphant.

**Scores:**

**NPS - 10 wickets for 89 runs after 25 overs**

**St Francis of Assisi - 9 wickets for 59 runs after 25 overs**



Excellent bowling and fielding by our school's team members enabled the team to win the match and move through to the third round. Congratulations to Hetul who scored a well earned 34 runs and Ryan G. who scored a valuable 10 runs. The match was played in a good spirit. We are waiting to learn who our next opponent will be.

Thank you to the parents and staff who helped transport and who scored on the day. There will be no further training scheduled until we know when our next match will occur.

**Frank Ballard, SAPSASA Cricket Coach**  
[Francis.Ballard655@schools.sa.edu.au](mailto:Francis.Ballard655@schools.sa.edu.au)

## Local Walk to the Prospect Council Chambers by Room 16

On Tuesday 6th of March Room 16, Year 4, went on a local walk with Councillor Allen Harris to learn what the local government does. I learnt a lot.

First, we came to school and got our bags ready to go. We walked towards the stage and met Allen. He started off by saying *Ninna Marni* and talked a little bit about the Prospect Council and then we walked through the gate and out of the school grounds.

Next we walked across Main North Road and on the other side we saw KFC. A few people said, "Can we go there?" Allen told us to turn left and stop at a certain tree. When everybody caught up Allen talked about how the Council maintains bus stops and the different bins - recycle, landfill and green.



After, we walked up Barker Road and Allen told us about the fibre instead of wires in the NBN box. He said it moved very fast. Then we walked down to Prospect Road and crossed it. We walked through a car park and into the Prospect Council building.

Then we walked past a picture of Mayor David

O'Loughlin and the eight councillors. We walked into the board room and sat down. Allen introduced us to the CEO of Prospect Council, Cate Atkinson, and she showed us a slide show on different things the Council does. It registers dogs, checks the food stores are clean and inspects parking. Cate asked if we had any questions. Somebody asked why the table we were sitting at was round. She answered, "It's round so everyone feels as important as everyone else".

Finally, we started to walk back to school. We stopped at a park and ate our recess. Then we walked past the North Adelaide Football Club and back to school.

It was a great walk and I learnt a lot. The gumnut lights on Prospect Road change colour according to the seasons and are the colours of the flowers. That's one of the interesting facts I learnt.

**By Mason W**





## Connect, Coach and Take Charge

### Connect, Coach and Take Charge

We are fortunate that a great parent course is being offered free of charge at our school. The course aims to assist parents to connect, coach and take charge when kids get frustrated, non-cooperative and distressed. Please see the advertisement below for more details.

There are still a few places remaining in this course. It is essential to book phone: 8357 1711.

## Connect, Coach and Take Charge

### How to connect, coach and take charge ... when kids get frustrated, non-co-operative and distressed.

#### Parents: does any of this sound familiar?

- Your child has difficulty managing frustration and anger
- Finds it hard to organise themselves, and follow routines
- Finds it hard to listen and follow instructions
- Often gets very upset, worried or distressed
- You sometimes feel worried or frustrated with your child and don't know what to do next
- You feel like things which work for other children don't work for yours

**Dates:** 6 Wednesday evenings from  
9 May to 13 June 2018

**Time:** 7:00pm – 9:00pm

**Place:** Nailsworth Primary School  
2 Balfour Street Nailsworth SA 5083

**Cost:** Free

**Facilitators:** Sonia Harrison and France Slattery  
(Places limited and full 6-week commitment required.  
Bookings only confirmed on return of paperwork).

**Bookings Essential Ph: 8357 1711**

#### We can help!

Connect, Coach and Take Charge is a 6 week group to help you learn:

- Why children behave in tricky ways
- How to reconnect with your child (and feel more positive about them)
- How to coach your child & take charge - so they can manage emotions, follow instructions and act calmly
- How to identify your values as a family
- How to be kind and compassionate to yourself as a parent
- How to manage difficult situations (eg bedtimes, mornings, sibling arguments, homework)

You will get **practical ideas and suggestions** you can use at home to help make life calmer, easier and happier for everyone.

Connect, Coach and Take Charge is facilitated by two of our child psychologists, both of whom have worked with "tricky kids" and their families for many years.



**DEVELOPING MINDS**  
**PSYCHOLOGY AND EDUCATION**  
Helping kids & teens learn life skills & manage tough times  
[www.developingminds.net.au](http://www.developingminds.net.au)

For information about our counselling services go to: [www.developingminds.net.au](http://www.developingminds.net.au)

For information about our online supports go to: [www.calmkidcentral.com](http://www.calmkidcentral.com)