



'Accidental' Counsellors: Responding to Refugee Trauma Related Behaviours

Workshop outline

This two-day workshop has been designed to give workers not trained as counsellors some basic tips and skills for how to recognise and deal with difficult behaviours in trauma clients in the workplace. The first day will give an understanding of the complex issues faced by refugee clients, how to recognise refugee trauma and how to work with clients in ways that promote a sense of safety and control. The second day will be mostly practical focusing on a series of case studies and role plays to develop skills in dealing with trauma reactions.

Suitable for people working in a range of non-clinical settings such as casework, advocacy, teaching, youth work, welfare work and community development

For further information

Telephone 8206 8900

Email training@sttars.org.au

To Register: [Eventbrite - Accidental Counsellors](#)

Terms and conditions - Workshops have a limited number of participants. Registrations close 24 hours before the event. A receipt will be mailed to you once payment has been received. Registrations may be cancelled up to 7 working days prior to the day of the event with a full refund. Cancellations giving less than 7 working days notice will incur a 30% cancellation fee to cover administration costs. If a minimum number of participants is not reached, a workshop may be cancelled.

Program

Day 1 (as per Core Concepts)

Day 2

- The 'Accidental' Counsellor
- Skills for Managing Trauma Responses: Case Studies and Role Plays
- Disclosure
- Sadness and Depression
- Anger and Aggression
- Dissociation
- Panic Attacks
- Suicide Threats

Thursday 28th February 2019

Cost: 1 day \$90, concession \$60
2 days \$150, concession \$100

Venue: STTARS, 81 Angas St, Adelaide

Morning and afternoon tea provided.
BYO lunch, kitchen facilities available and shops nearby.

